

Bone remodeling = remove old bone
Osteoclasts (resorb)
& deposit new bone
by osteoblasts
(ossification)

APP continuously changes form & composition

→ Bone = storage site for inorganic material such as calcium & phosphorus

→ Has organic material (collagen) & inorganic material

→ Internal & external growth/remodeling ongoing process vary throughout life

→ classification of bone

↳ cortical bone (compact & dense) or cancellous (spongy)

↳ cortical bone → osteons (Haversian system) come together to form dense bone structure

↳ osteons canal runs parallel to bone long axis (contain the blood vessels that travel to the bones ^{interior} from periosteum)

↳ Around osteons are rings (lamellae) = indicate mature bone

↳ smaller canals (canaliculi) go from the osteons canals to lacunae ^{mature bone cells}

↳ cancellous bone → lamellae is along the lines of max stress places on the bone

↳ filled w/ red or yellow marrow → blood reaches cell passing through spaces in the marrow

→ 3 types of bone cells

↳ osteoblast → make organic bone matrix (collagen) (basic bone forming cells)

↳ osteocytes → mature bone cells ↳ osteoclasts → take part in bone remodeling by breakdown bone tissue

Anatomical structure

→ Epiphysis → ^{each} widened area at end of long bone, mostly cancellous bone

↳ main location for muscle attachment → articular cartilage covering
↳ Diaphysis → ^{stribular structure allows for it to withstand twisting & bending} main shaft of long bone, provides structural support & composed of ^{cortical} bone

↳ Metaphysis → flared area btw epiphysis & diaphysis, composed of cancellous bone

↳ Epiphyseal plate (growth plate) → cartilage area btw epiphysis & metaphysis

↳ chondrocytes that make mature bone

↳ division causes longitudinal bone growth in kids

↳ Periosteum → composed of fibrous connective tissue cover bone

↳ tiny blood vessels penetrate the periosteum to bring nutrition to underlying bone

↳ collagen bundles attach the inner layer of periosteum to bone

↳ The medullary (marrow) cavity → center of diaphysis

↳ contain either yellow or red bone marrow

↳ Adults → red mainly in flat bones (pelvis, scapula) & in cancellous bone at end of long bone such as femur & humerus

↳ yellow bone marrow (mainly adipose tissue)

↳ Storage site of triglycerides (involved in hematopoiesis)

Joints = Place where end of 2 bones are close & ^{In time of blood cell} break need

move in relation to each other

Hyaline cartilage → Found in the trachea

Elastic cartilage → more flexible than $\hat{\text{~}}$ found in ear, & larynx

Fibrous cartilage → tough & function as shock absorber

MUSCLES

→ smooth → found in walls of hollow structures

→ cardiac → In heart, contractions spontaneous

→ skeletal → requires neuronal stimulation for contraction