

Nursing Problem Worksheet

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Anticipated Patient Problem and Goals	Relevant Assessments (Prewrite) What assessments pertain to your patient's problem? Include frequencies	Multidisciplinary Team Intervention (Prewrite) What will you do if your assessment is abnormal?
Problem: Acute Pain	Assess pain level using a numerical scale q4hrs	Administer pain relief medications as prescribed by physician
Reasoning: THA	Assess pain characteristics such as location, onset, duration q4hr	Provide rest periods to facilitate comfort, sleep and relaxation
	Assess the frequency of pain medications being administered q4hr	Teach pharmacological and nonpharmacological interventions for pain management
Goal: Pt will report a pain level of less than 5 on a numerical scale before my end of shift	Evaluate the response to pain and pain management q4hr	Provide elimination of additional stressors whenever possible
Goal: pt will verbalize nonpharmacological therapies to use during my time of care	Assess the expectations for pain relief Qshift	Respond to knowledge of pts request for pain relief as soon as possible

Anticipated Patient Problem and Goals	Relevant Assessments (Prewrite) What assessments pertain to your patient's problem? Include frequencies	Multidisciplinary Team Intervention (Prewrite) What will you do if your assessment is abnormal?
Problem: Impaired Physical Mobility	Assess ambulation status Q2hr	Encourage to ambulate according physicians order and set ambulation goals
Reasoning: THA	Assess pts understanding of post op restrictions Qshift	Encourage adherence and remind of current restrictions
	Assess willingness to ambulate and exercise post op Q2hr	Encourage mobility and explain importance
Goal: Pt will ambulate at least 30ft during my time of care	Assess knowledge of ambulation assistive devices qshift	Provide demonstration of appropriate usage of assistive devices as needed
Goal: pt will demonstrate the appropriate use of assistive devices qshift	Assess the ability to perform ROM to all joints qshift	Encourage ROM exercises to perform tasks at his/her own rate, ensuring not to rush pt.