

ATI Real Life THA Virtual Clinical Reflection Questions

- 1) **What was Dale's fall risk score? Is that score considered low, medium, or high risk? What interventions in Dale's care should you be implementing?**
(Use your resources from class and clinical Fall Risk Score Interventions)
 - a. Fall risk score: 45
 - b. High Risk
 - c. Bed alarm on, shoes if available and if not then non-skid socks, fall risk band, adequate lighting, assistive devices if needed
- 2) **From the pre-op exercises teaching scenario, pick one that Dale demonstrated incorrectly and explain how you would teach the correct technique.**
 - a. When demonstrating the incentive spirometer, Dale exhaled into the device. I would correctly teach Dale to take a deep breath out and then when he takes a deep breath in to put his mouth on the mouthpiece. This will then allow for him to effectively use this device.
- 3) **Dale receives morphine sulfate for his hip pain. The morphine order is for 2-4mg IV Q 3-4 hours for severe or breakthrough pain. What is wrong with this order?**
 - a. This order does not have parameters for what dosage to give based on his pain level. It gives a range (2-4mg) and not a specific dosage
 - b. **Morphine is dispensed in 2mg/ml concentration. If Merryll gave 4 mg, how many ml's of morphine did she administer?** 1ml
- 4) **Dale is assessed for skin integrity on his heel. What are some interventions the nurse could implement to protect his skin? What are the concerns if no interventions are implemented?**
 - a. Put a pillow under his heels to elevate them off of the bed as well as put a little aquacel on both of his heels
 - b. If no interventions are implemented, there is the potential for Dale to develop a hospital acquired pressure injury
- 5) **Identify three ways that the nursing team demonstrated the promotion of patient safety?**
 - a. Ensured Dale's bed alarm was on
 - b. Ensured Dale had his call bell within reach
 - c. Ensured to educate Dale on the importance of not getting up by himself and calling for help
- 6) **Do you feel the nurse and medical team utilized therapeutic communication techniques when interacting with individuals, families, and health team members of all cultural backgrounds?**
 - a. **If yes, describe:** I feel that every team member that came in contact with Dale and his partner respected both of them individually and together as partners. When Dale's partner had questions or concerns each of the health team members made sure to allow for his partner to fully explain his concern or question. Once he was done with that, they all ensured that they addressed and answered his questions and concerns just as much as they answered Dales.

b. If **no**, describe:

Reflection

- 1) Go back to your Preconference Form:
 - a. Indicate (**circle, star, highlight**) the components of your preconference form that you saw applied to the care of this virtual patient.
- 2) **Review your Nursing Problem Worksheet: Did you select a correct priority nursing problem?**
 - a. **If yes, write it here:** Acute Pain
 - b. If **no**, write what you now understand the priority nursing problem to be:

- 3) **Review your Nursing Problem Worksheet: Did you see many of your anticipated nursing assessments and interventions used?**
 - a. **Indicate (circle, star, highlight) the ones you saw utilized during the scenario.**
 - b. **Were there interventions you included that *were not* used in the scenario that could help this patient?**
 - i. If **yes**, describe: A few of my interventions related to ambulation of the pt. I did not see this happening during the scenarios, but I did notice that Dale was in the chair at one point during the care. I would encourage ambulation unless it was ordered for the pt not to ambulate.
 - ii. If **no**, describe:

- 4) **Often patient care will take a different direction than we anticipated at the beginning of our shift. Did that happen here? Yes**
 - a. **How did that impact the nursing care delivered?** During Merryll's assessment, it was found that Dale is at risk for atelectasis post op. This impacted the nursing care because it became a priority for Merryll. It is important to update the charge nurse and the pts physician with this new finding.
 - b. **What new, additional priority nursing problem (diagnosis) did you identify? (Refer to your NANDA list)**
 - i. **Write it here:** Ineffective Breathing Pattern

What was your biggest "take-away" from participating in the care of this patient? How did this impact your nursing practice:

My biggest "take-away" from participating in the care of this patient was the understanding of how important it is to consider the patients family members or loved ones. During this care, I saw how each of the health care team members did not make Dale's partner feel left out of his care. There were a few times where Dale's partner was concerned about something or worrying about his care post op and the nurse made it a point to listen to him as if he was the patient and

answered any questions he had. No matter what part of Dale's care was happening, they all also ensure that his partner was taken care of. I think this is an important part of nursing because often times the pt you are caring for and their family have no medical background and this is all new information to them. I feel that this impacted my nursing practice because I will not be aware of those that are there with my patient and ensuring that any questions or concerns they have, I will address them and if I cannot answer it, I will get an answer for them.