

ATI Real Life THA Virtual Clinical Reflection Questions

- 1) What was Dale's fall risk score? Is that score considered low, medium, or high risk?
What interventions in Dale's care should you be implementing?
(Use your resources from class and clinical Fall Risk Score Interventions)
 - a. Fall score was 45
 - b. High risk for falls
 - c. Educate client/family, provide purposeful rounding, ensure frequently used items within reach, maintain adequate lighting, & use nonskid footwear. Apply fall risk band, maintain bed in lowest position with wheels locked, ensure use of bed alarm, accompany client to/from bathroom & while ambulating. Remain with patient during toileting.
- 2) From the pre-op exercises teaching scenario, pick one that Dale demonstrated incorrectly and explain how you would teach the correct technique.
 - a. While demonstrating the IS, Dale forcefully exhaled. When using the IS the pt. must forcefully inhale as much as possible, you will know you're doing it correctly when the bar moves up as you breath in, this promotes lung expansion.
- 3) Dale receives morphine sulfate for his hip pain. The morphine order is for 2-4mg IV Q 3-4 hours for severe or breakthrough pain. What is wrong with this order?
 - a. The dosage is incorrect, for IV injection its 0.1- 0.2 mg Q 4hr
 - b. Morphine is dispensed in 2mg/ml concentration. If Merryll gave 4 mg, how many ml's of morphine did she administer? 2 mL
- 4) Dale is assessed for skin integrity on his heel. What are some interventions the nurse could implement to protect his skin? What are the concerns if no interventions are implemented?
 - a. A pillow can be placed under the calf to elevate the heal so its floating with no pressure on it.
 - b. If no action is taken, dale could begin forming a pressure injury that can lead to infection.
- 5) Identify three ways that the nursing team demonstrated the promotion of patient safety?
 - a. Properly wearing clean gloves at dressing site and hand hygiene.
 - b. Using a Gait belt when transferring or ambulating and locking the wheels of the chair before getting up.
 - c. Placing bed in lowest setting, prevents falls.
- 6) Do you feel the nurse and medical team utilized therapeutic communication techniques when interacting with individuals, families, and health team members of all cultural backgrounds?
 - a. If **yes**, describe: They made sure to include Dale's partner in the teaching and understanding on all aspects of the pre/post-operative procedures. They demonstrated working well together when transferring dale from the chair to the bed. Proper communication with other healthcare workers when needing assistance. When speaking to Dale's partner who seemed anxious about his recovery, she spoke to him in a way that would alleviate his stress. She provides

learning material with dale and his partner about high protein meals for promotion of healing.

Reflection

- 1) Go back to your Preconference Form:
 - a. Indicate (**circle, star, highlight**) the components of your preconference form that you saw applied to the care of this virtual patient.
- 2) Review your Nursing Problem Worksheet: Did you select a correct priority nursing problem?
 - a. If **yes**, write it here: Impaired Mobility.
- 3) Review your Nursing Problem Worksheet: Did you see many of your anticipated nursing assessments and interventions used?
 - a. Indicate (**circle, star, highlight**) the ones you saw utilized during the scenario.
 - b. Were there interventions you included that *were not* used in the scenario that could help this patient?
 - i. If **yes**, describe: repositioning the patient Q2 hr as prescribed, Providing different techniques for pain management like distractions or relaxation exercises.
- 4) Often patient care will take a different direction than we anticipated at the beginning of our shift. Did that happen here?

Yes, when auscultating the lungs, crackles were found in the base. A sign of possible Atelectasis.

 - a. How did that impact the nursing care delivered?

Teaching was required to let the patient know why this might have happened and explain interventions that can be taken to ensure the patients health status does not worsen. Using the IS, coughing/deep breathing techniques, increase fluid intake, encouraged ambulation as tolerated and raise the HOB will all help in this process.
 - b. What new, additional priority nursing problem (diagnosis) did you identify? (Refer to your NANDA list)
 - i. Write it here:

Risk for falls, Risk for impaired skin integrity, deficient knowledge.

What was your biggest “take-away” from participating in the care of this patient? How did this impact your nursing practice:

The biggest take away form this scenario was the importance of Teaching and getting a good demonstration of teach back from the patient. There were many times Dale said he understood, then when he demonstrated it was wrong. This brought to light how some people may learn in different ways and to provide education in a way that is best suited for the patient. Having Dales partner there was an added bonus to the situation since he continued to reinforce the required exercises and measures that were assigned the Dales care.

