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ATI Real Life THA Virtual Clinical Reflection Questions

- 1) What was Dale's fall risk score? Is that score considered low, medium, or high risk?
What interventions in Dale's care should you be implementing?
(Use your resources from class and clinical Fall Risk Score Interventions)
 - a. _____ 45 _____
 - b. _____ High risk _____
 - c. Call light, check Q2 hr. at night, items within reach, transfer and walk assistance of 2 people, using a walker and gait belt
- 2) From the pre-op exercises teaching scenario, pick one that Dale demonstrated incorrectly and explain how you would teach the correct technique.
 - a. Incorrect use of incentive spirometer, teach Dale to breathe out fully then suck in when putting mouth on incentive spirometer
- 3) Dale receives morphine sulfate for his hip pain. The morphine order is for 2-4mg IV Q 3-4 hours for severe or breakthrough pain. What is wrong with this order?
 - a. It doesn't specify the exact dosage or frequency.
 - b. Morphine is dispensed in 2mg/ml concentration. If Merryll gave 4 mg, how many ml's of morphine did she administer? 2 mLs
- 4) Dale is assessed for skin integrity on his heel. What are some interventions the nurse could implement to protect his skin? What are the concerns if no interventions are implemented?
 - a. Barrier cream, socks, waffle boot cushion
 - b. The skin integrity will become worse
- 5) Identify three ways that the nursing team demonstrated the promotion of patient safety?
 - a. 2 person assist
 - b. Use of gait belt
 - c. Locking chair and bed
- 6) Do you feel the nurse and medical team utilized therapeutic communication techniques when interacting with individuals, families, and health team members of all cultural backgrounds?
 - a. If **yes**, describe: Yes, the nurse was able to effectively communicate with the patient and their partner. All healthcare team members communicated well between one another and with the patient as well. Educating, demonstrating, hand off, recounting procedures were only some of the things the members communicated effectively.
 - b. If **no**, describe:

Reflection

- 1) Go back to your Preconference Form:
 - a. Indicate (**circle, star, highlight**) the components of your preconference form that you saw applied to the care of this virtual patient.
- 2) Review your Nursing Problem Worksheet: Did you select a correct priority nursing problem?
 - a. If **yes**, write it here: Acute pain and impaired mobility
 - b. If **no**, write what you now understand the priority nursing problem to be:

- 3) Review your Nursing Problem Worksheet: Did you see many of your anticipated nursing assessments and interventions used?
 - a. Indicate (**circle, star, highlight**) the ones you saw utilized during the scenario.
 - b. Were there interventions you included that *were not* used in the scenario that could help this patient?
 - i. If **yes**, describe: Assessing vital signs after activity, I believe the vital signs were only taken in different positions in bed.
 - ii. If **no**, describe:

- 4) Often patient care will take a different direction than we anticipated at the beginning of our shift. Did that happen here? Yes
 - a. How did that impact the nursing care delivered? It changed the course of what becomes the priority at different points of time. It was their blood pressure, temperature, skin integrity, BMI, etc. that shifted the focus of the plan of care.
 - b. What new, additional priority nursing problem (diagnosis) did you identify? (Refer to your NANDA list)
 - i. Write it here: Impaired Skin Integrity

What was your biggest “take-away” from participating in the care of this patient? How did this impact your nursing practice: I took away how thorough and complex just having one patient can be in what to look out and care for. The plan of care can change so fast and requires critical thinking of what should be priority and what else needs to be addressed.