

Name: __Nicholas Vitella_____

<p style="text-align: center;">Anticipated Patient Problem</p> <p style="text-align: center;">and</p> <p style="text-align: center;">Goals</p>	<p style="text-align: center;">Relevant Assessments</p> <p style="text-align: center;">(Prewrite) What assessments pertain to your patient's problem? Include frequencies</p>	<p style="text-align: center;">Multidisciplinary Team Intervention</p> <p style="text-align: center;">(Prewrite) What will you do if your assessment is abnormal?</p>
<p>Problem: Acute pain</p> <p>Reasoning: Limited mobility, pain on a scale of 1-10, facial grimacing</p> <p>Goal: The patient will express pain relief from the administration of pain medication during my care</p> <p>Goal: The patient will implement nonpharmacologic pain relief measures during my care</p>	<p>Assess pain level Q 2 hr</p>	<p>Encourage adequate rest and activity periods PRN</p>
	<p>Assess VS before and after medication administration PRN</p>	<p>Administer pain medication PRN</p>
	<p>Identify factors or activities that precipitate condition Q 4 hr</p>	<p>Change positions and support joints with assistive devices Q 2 hr</p>

<p style="text-align: center;">Anticipated Patient Problem</p> <p style="text-align: center;">and</p> <p style="text-align: center;">Goals</p>	<p style="text-align: center;">Relevant Assessments</p> <p style="text-align: center;">(Prewrite) What assessments pertain to your patient's problem? Include frequencies</p>	<p style="text-align: center;">Multidisciplinary Team Intervention</p> <p style="text-align: center;">(Prewrite) What will you do if your assessment is abnormal?</p>
<p>Problem: Impaired mobility</p>	<p>Assess ROM in all joints Q 2 hr</p>	<p>Educate on passive and active ROM exercises Q 2 hr</p>

Name: Nicholas Vitella

Reasoning: Unsteady gait, limited ROM, difficulty transferring, expressed pain during and after activity Goal: The patient will return-demonstrate effective exercise techniques during my care Goal: The patient will increase toleration of activity level by the end of my care	Assess ability to perform ADL's Q 2 hr	Encourage to increase activity as tolerated Q 2 hr
	Assess VS before and after physical activity Q 4 hr	Consult with physical therapy to prescribe an exercise program PRN

Nursing Problem Worksheet