Ticket to Enter:

A mother just delivered a healthy, full-term infant. The mother is concerned because her first child required phototherapy for jaundice. As the nurse, what education would you provide for the mother?

The education you would provide to the mother is that jaundice is not a genetic component. The jaundice is due to hyperbilirubinemia. Bilirubin is made by the breakdown of red blood cells. Its difficult for babies to get rid of bilirubin and can build up in their blood, tissues, and fluid. Phototherapy would only need to be used if the baby had trouble breaking down the bilirubin, but different in every newborn.