Beebe Healthcare
Margaret H. Rollins School of Nursing
Nursing 101 - Foundations of Nursing

Musculoskeletal (1) Class Prep Day 2

For your class prep, you will be required to review the Anatomy and Physiology student PowerPoint and answer the following questions. Please keep in mind that this information is not covered in class but is **on the Unit VII MS part 1 exam.**

1. What would best describe the movement in the above picture?
A. Extension
B. Flexion
C. Hyperextension
D. Eversion

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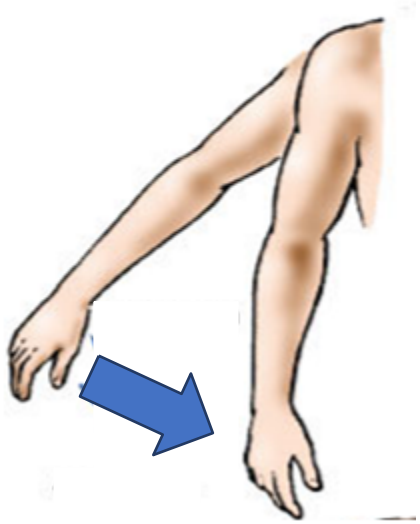
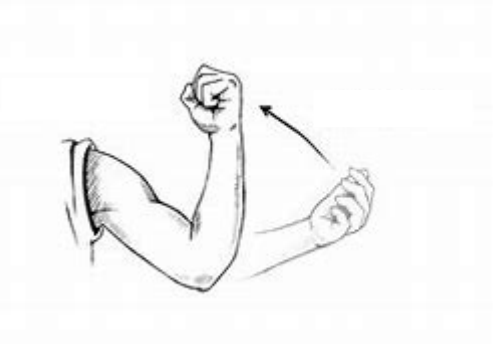


2. What would describe the movement seen in the above image?
A. Extension
B. Adduction
C. Abduction
D. Flexion

3. What would describe the movement seen in the below picture?



A. Inversion
B. Extension
C. Flexion
D. Hyperflexion

4. What movement can best be described by the image below?

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A. Plantar Flexion
B. Dorsiflexion
C. Hyperflexion
D. Internal Flexion

5. What movement can best be described by the image below?

A. Internal Rotation
B. Inversion
C. External Rotation
D. Eversion

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6**. Fill in the blank:** Turning the sole of the foot inward is called inversion.

7**. Fill in the blank:** Bending the joint so the angle ? and the parts come closer together is called flexion.

8. **Fill in the blank:** To move away from mid-line of the body is called abduction.

9. **Fill in the blank:** Sternum, Ribs, Skull, Scapula are examples of what shape of bone? flat.

10. **Fill in the blank:** Abnormal uncoordinated tetanic contractions in varying muscle groups is called convulsion.