

ATI TMA Clinical

Nursing Problem Worksheet

Name: Lily Cook

Anticipated Patient Problem and Goals	Relevant Assessments (Prewrite) What assessments pertain to your patient's problem? Include frequencies	Multidisciplinary Team Intervention (Prewrite) What will you do if your assessment is abnormal?
Problem: <u>Acute pain</u> Reasoning: Pain level of a 9 on a scale of 1-10, HR 105, sharp incision pain Goal: Pt will have a pain level of 3 out of 10 by the end of my care. Goal: HR will be below 100 by the end of my care	Assess pain goal q 6hr	Reposition q 2hr
	Assess HR and BP and RR q 4hr	Encourage guided imagery and meditation q 4hr
	Assess sharp incision pain q 4hr	Apply ice packs to incision site for 15 min intervals as ordered
	Assess any swelling or bruising q 4hr	Administer oxycodone PO 10mg q 12hr, as prescribed
	Assess for muscle spasms q 6hr	Administer morphine sulfate IVPR as prescribed

Anticipated Patient Problem and Goals	Relevant Assessments (Prewrite) What assessments pertain to your patient's problem? Include frequencies	Multidisciplinary Team Intervention (Prewrite) What will you do if your assessment is abnormal?
Problem: <u>Risk for infection</u> Reasoning: fever of 101.5, erythema on surgical wound Goal: the temperature of the pt will remain less than 100.4 during my time of care Goal: Pt will verbalize the importance of taking acetaminophen PO as prescribed during my time of care.	Assess surgical incision for drainage q 2hr	Perform dry sterile dressing change as ordered
	Assess nutritional status q 4hr	Add protein supplement as directed by dietitian
	Assess temperature q 4hr	Administer PO 325mg Tylenol q 4-6hr as prescribed
	Assess for erythema and swelling q 2hr	Use the teachback method to educate on the importance of hand hygiene q 4hr
	Assess for risk factors that make the patient immunocompromised q 12hr	Administer antibiotics as ordered q 12hr