

Nursing Problem Worksheet

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Anticipated Patient Problem and Goals	Relevant Assessments (Prewrite) What assessments pertain to your patient's problem? Include frequencies	Multidisciplinary Team Intervention (Prewrite) What will you do if your assessment is abnormal?
Problem: Impaired physical mobility Reasoning: physical restrictions, reluctance to attempt movement Goal: PT will perform mobility exercises as ordered during my care Goal: PT will verbalize understanding of post-op mobility restrictions by end of my care.	assess PT's understanding of post-op restrictions qshift	encourage adherence and remind of current restrictions as needed
	assess willingness to exercise and strengthen post-op	encourage mobility and explain importance 2uh
	assess knowledge of usage of assistive devices a shift	provide understanding and demonstration of proper AD usage as needed JB 111
	assess current mobility and exercise status a2h	PT work with PT to help proper mobility adding
	assess PT's current position (bed vs. chair, leg elevated, floated, etc). a2h JB 117	assist pt. to bathroom with necessary AD a2h assess pt's need to use the bathroom a2h

Anticipated Patient Problem and Goals	Relevant Assessments (Prewrite) What assessments pertain to your patient's problem? Include frequencies	Multidisciplinary Team Intervention (Prewrite) What will you do if your assessment is abnormal?
Problem: acute pain Reasoning: facial grimacing, high numeric pain score, elevated HR, RR Goal: PT will achieve stated pain goal by end of my care. Goal: PT will verbalize understanding of pain management regimen by the end of my care.	assess PT's description of pain a2h	provide pain medication q4h (as order)
	assess knowledge of pain management regimen qshift	educate on pain management regimen specifics
	assess preferred non-pharmacological pain relieving measures ashift	provide preferred therapeutic environment for PT a2h
	assess non-verbal cues of pain or discomfort as needed	provide preice to PT as needed
	assess PT's next physical therapy / mobility session	provide pain medication 30-45mins prior to exercise PRN