

Nursing Problem Worksheet

Name: *Chloe Sylvester*

Anticipated Patient Problem and Goals	Relevant Assessments (Prewrite) What assessments pertain to your patient's problem? Include frequencies	Multidisciplinary Team Intervention (Prewrite) What will you do if your assessment is abnormal?
Problem: acute pain Reasoning: THA surgery & incisions Goal: Pt will report a pain score of $\leq 4/10$ by the end of my care. Goal: Pt will work with PT/OT and not exceed a pain score of 5/10.	assess pain quality, onset, goal, precipitating & relieving factors q4 PRN assess effectiveness of pain relieving intervention (med) post admin PO=1hr, IV=30 min assess willingness to use non-pharmacological methods to reduce pain q4 PRN assess non-verbals: guarding, grimacing upon movement PRN pain scoring assess positioning of hip + leg for correct alignment PRN pt in bed/sitting	administer analgesic as ordered provide rest periods; notify RN for use of other PRN medications utilize distraction, TV, music, deep breathing, conversation, ice/heat therapy educate importance of pain management to allow early ambulation, work with PT/OT use pillows + wedges to support affected hip/leg as ordered during rest periods

Anticipated Patient Problem and Goals	Relevant Assessments (Prewrite) What assessments pertain to your patient's problem? Include frequencies	Multidisciplinary Team Intervention (Prewrite) What will you do if your assessment is abnormal?
Problem: Impaired mobility Reasoning: Post op THA surgery Goal: Pt will demonstrate correct use of walking aid by the end of my care Goal: Pt will remain free of skin break down due to immobility of hip, leg during my care. specifically sacral	assess ROM of affected hip/leg q4 assess any PT anxiety regarding use of new joint, ambulation, weight-bearing neurovascular assessment: skin temp, CRT, color, peripheral pulses to compare bilaterally q4, following long periods of ↓ use assess skin for erythema, skin breakdown on bony prominences q8h assess use of ordered gait assistive device (cane, walker) PRN working w/ PT/OT, PNOI to use	work w/ pt on passive/active ROM exercises based on orders educate importance of using new joint to aid efficient recovery encourage time OOB, follow orders to instruct exercises that can also be done in bed, notify RN notify provider, float heels, use aquacel as ordered educate, utilize return demonstration + feedback to ensure correct use