

Sydney Auen

ATI 2 Clinical Reflection

1. My biggest takeaway from participating in the care of this client is the importance of therapeutic communication and how the client will react to therapeutic techniques. All of the caregivers in this simulation used therapeutic techniques and the client responded well and was able to open up and he received quality care after giving the nurses the information they needed to treat him.
2. The most important aspect of this simulation was how to communicate with a patient who is suffering from a mental health disorder, specifically major depressive disorder. The healthcare professional was able to assess the client without agitating him and shutting him down. They were also attentive to his brother who was worried about him.
3. I was surprised that the client was so willing to allow his brother to participate in his care. The support seemed to help the client get through the process of getting help. There were even times when he questioned when his brother would be back and he showed great emotion when he saw him.
4. Something I would do differently with the care of this client would be teaching while the brother is present, especially during the beginning phase of his treatment. This would allow for his brother to be more involved in his care and would also help the client better understand his treatment plan as he may have missed information from the doctor's visit due to his depression and brain fog at some points.
5. This simulation experience will impact my nursing career by allowing me to understand how a therapeutic conversation and assessment can be completed. The nurses did an excellent job communicating with this client and it reflected how the client responded.