

Nursing Problem Worksheet

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Anticipated Patient Problem and Goals	Relevant Assessments (Prewrite) What assessments pertain to your patient's problem? Include frequencies	Multidisciplinary Team Intervention (Prewrite) What will you do if your assessment is abnormal?
Problem: Impaired gas exchange Reasoning: Pt has a O2 sat of 91% on 5L of oxygen Goal: Pt will remain alert and oriented during my time of care Goal: Pt's ABG's will be within normal limits during my time of care	Assess respirations Q4hrs	Teach pursed lip exercises Q4hrs
	Auscultate lung Q4hrs	Change position Q2hr
	Assess oxygen saturation Q4hrs	Administer oxygen therapy as ordered
	Assess lung function Q4hrs	Encourage use of Incentive spirometer 5 times a day
	Assess for use of accessory muscles to breathe Q4hrs	Administer bronchodilators q4hrs as ordered

Anticipated Patient Problem and Goals	Relevant Assessments (Prewrite) What assessments pertain to your patient's problem? Include frequencies	Multidisciplinary Team Intervention (Prewrite) What will you do if your assessment is abnormal?
Problem: Impaired nutritional intake Reasoning: Pt stated "I don't feel like eating" Goal: Pt will meet caloric goal by the end of my shift Goal: Pt will maintain normal nutritional status by the end of my care	Assess ability to eat during meal times	Maintain a friendly eating environment during mealtimes
	Assess oral cavity Q2hrs	Provide oral hygiene Q2hrs
	Assess albumin levels Qshift	Provide high caloric snacks drinks or meals Q4hrs
	Assess nutrition habits during mealtimes	Encourage to eat food they like during meal times
	Assess if help is needed during meal times	