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Medical Diagnosis/Disease: COPD - Chronic Obstructive Pulmonary Disorder

NCLEX IV (8): Physiological Integrity/Physiological Adaptation

Anatomy and Physiology
Normal Structures

Pathophysiology of Disease

NCLEX IV (7): Reduction of Risk

Anticipated Diagnostics
Labs
ABGs

Additional Diagnostics
Chest x-ray
Spirometry
COPD assessment test

NCLEX II (3): Health Promotion and Maintenance

Contributing Risk Factors
Smoking
Secondhand smoke
Inhaling any sort of chemicals constantly

Signs and Symptoms

NCLEX IV (7): Reduction of Risk

Possible Therapeutic Procedures
Non-surgical

Surgical

Prevention of Complications
(What are some potential complications associated with this disease process)

Nutrition decrease
trouble breathing
depression

NCLEX IV (6): Pharmacological and Parenteral Therapies

Anticipated Medication Management
Oxygen therapy
Bronchodilators inhalers
Mucolytic agents
anticholinergic meds

NCLEX IV (5): Basic Care and Comfort

Non-Pharmacologic Care Measures
Cough and deep breathing
relaxation techniques
Coping techniques

NCLEX III (4): Psychosocial/Holistic Care Needs

What stressors might a patient with this diagnosis be experiencing?
Financial
Being a burden on anyone
Death
Not having a support system
Not understanding what is going on with them

Client/Family Education

List 3 potential teaching topics/areas

- Cessation of smoking
- Coping mechanisms of the diagnosis
- How to properly use medications like the inhalers or oxygen therapy

NCLEX I (1): Safe and Effective Care Environment

Multidisciplinary Team Involvement
(Which other disciplines do you expect to share in the care of this patient)

Pulmonologist
respiratory therapist
mental health therapist
nutrition