

Nursing Problem Worksheet

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Anticipated Patient Problem and Goals	Relevant Assessments (Prewrite) What assessments pertain to your patient's problem? Include frequencies	Multidisciplinary Team Intervention (Prewrite) What will you do if your assessment is abnormal?
Problem: Ineffective Breathing Pattern Reasoning: Not having oxygen perfusing correctly Having too much CO2 in the system trouble breathing Goal: RR between 16 - 20 by the end of my care Goal: Pulse OX between 95 - 98 by the end of my care	Assessing RR q4hrs	Elevate head of bed to semifowlers for 1hr every 4hrs
	Assessing Pulse OX q4hrs	Admin supplemental oxygen PRN if pulse OX goes below 92
	Assessing lung sounds q4hrs	reposition on to side every 4 hrs
	Assess breathing pattern q4hrs	Admin IS q2hrs
	Assess ability to perform an activity without getting out of breath q 4hrs	Admin their inhaler PRN

Anticipated Patient Problem and Goals	Relevant Assessments (Prewrite) What assessments pertain to your patient's problem? Include frequencies	Multidisciplinary Team Intervention (Prewrite) What will you do if your assessment is abnormal?
Problem: Risk for activity intolerance Reasoning: Inability to breath correctly Not getting enough oxygen Goal: Walk 100ft 4 times a day Goal: Being able to get up out of bed by themselves by the end of my care	Assess their ROM q4hrs	Have them perform exercises in bed q4hrs
	Assess their ability to walk up and down the hall q 4hrs	Have them walk down the hall with pulse OX on q4hrs
	Assess ability to get out of bed by themself q4hrs	Have them cough and deep breath q4hrs
	Assess RR q4hrs	Have them use an IS q2hrs
	Assess pulse OX q4hrs	Admin oxygen therapy PRN if pulse OX goes below 92%