

## Nursing Problem Worksheet

Name: \_\_\_\_\_

<b>Anticipated Patient Problem  and  Goals</b>	<b>Relevant Assessments</b>  (Prewrite) What assessments pertain to your patient's problem? Include frequencies	<b>Multidisciplinary Team Intervention</b>  (Prewrite) What will you do if your assessment is abnormal?
<b>Problem:</b> Impaired gas exchange  <b>Reasoning:</b> Increase mucous production in bronchial tubes  <b>Goal:</b> Pt. will maintain SpO <sub>2</sub> of 93% or greater on RA during my shift <b>Goal:</b> Pt. will demonstrate effective coughing technique's during my time of care	Auscultate lung sounds for presence of adventitious breath sounds after coughing, q 4 hr	Assist pt, in performing effective coughing & breathing techniques q2 hr
	Assess respirations (quality, rate, Rhythm, depth, use of accessory muscles q4 hr	Maintain HOB at 45 degrees, encourage pt. to sit in an upright position q4 hr
	Assess cough for effectiveness and productivity q2 hr	Encourage the use of the IS or vibrapep q1 hr
	Monitor pt. O <sub>2</sub> saturation q2 hr	Maintain pt. O <sub>2</sub> therapy 2L via NC, q2 hr

<b>Anticipated Patient Problem  and  Goals</b>	<b>Relevant Assessments</b>  (Prewrite) What assessments pertain to your patient's problem? Include frequencies	<b>Multidisciplinary Team Intervention</b>  (Prewrite) What will you do if your assessment is abnormal?
<b>Problem:</b> Impaired nutritional intake  <b>Reasoning:</b> Eating less than 50%, decrease appetite & low albumin and prealbumin levels.  <b>Goal:</b> Pt. will verbalize & eat each source of protein with each meal <b>Goal:</b> Pt. will perform oral care at least once during my shift	Assess for physical signs of poor nutritional intake at beginning of shift such as visible bony prominence	Encourage small frequent meals that are high on calories & protein
	Monitor lab values (serum albumin, transferrin, RBW & WBC count, serum electrolytes values) daily	Suggest or offer nutritional supplements btw meals
	Assess the environment in which eating occurs in, q meal times	Ensure pleasant environment & an upright position to eat q meal time