

**Nursing Notes**

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|---|---|
| Actual Patient Problem: Acute substance withdrawal syndrome   | <b>Clinical Reasoning:</b>                                    |
| Goal: JM will not sustain any injuries during my time of care.  | Met: <input type="checkbox"/> Unmet: <input type="checkbox"/> |
| Goal: JM will have electrolytes wnl such as potassium (3.5-5) and magnesium (1.6-2.6) during my time of care. | Met: <input type="checkbox"/> Unmet: <input type="checkbox"/> |
| Actual Patient Problem: Ineffective coping  | <b>Clinical Reasoning:</b>                                    |
| Goal: JM will identify at least one new healthy coping strategy during my time of care.                       | Met: <input type="checkbox"/> Unmet: <input type="checkbox"/> |
| Goal: JM will voice acknowledgment of their behaviors and dependance by the end of my care.                   | Met: <input type="checkbox"/> Unmet: <input type="checkbox"/> |

Stated "the lights are bothering"

Additional Patient Problems: Anxiety, Readiness for enhanced health maintenance, Risk for dehydration

|     |      |  |      |  |      |   |
|-----|------|--|------|--|------|---|
| 1   | 0930 | Continuing nausea and vomiting, stated "can I have something for the nausea" and "I can't do anything until I feel better"                     | 0935 | Administered 5mg/50ml of Prochlorperazine at 100ml/hr.                                     | 0945 | Nausea and vomiting subsided.<br><br>Brushing teeth   |
| 2   | 0930 | Stated "the only friends are people I drink with"  | 0930 | Encouraged participation in support groups such as AA and reaching out to a sponsor.       | 0930 | Stated that she can reach out to her counselor who helped with her transition.                      |
| 1,2 | 0930 | Stated "I go out to drink to get my mind off of things" and "I did this to myself" (transitioning, separation from wife, connection with kids) | 0930 | Provided therapeutic communication such as active listening and open-ended questions.      | 1010 | Showed gratitude to nurses for listening and caring for her by providing information and resources. |
| 1,2 | 0945 | Tried getting out of bed   | 0945 | Nurse stayed sitting at bedside and used distraction techniques.                           | 0950 | Laying in bed with eyes closed and asked for rest.  |
| 1,2 | 0950 | Answered SBIRT questions thoroughly.<br>"Sad I can't see my kids"  | 0950 | Maintained a calm environment and actively listened.                                       | 1010 | Recognized a need for change  |
| 1,2 | 0950 | "I have 4 drinks a day"  | 1000 | Administered sertraline 50mg, thiamine 100mg, multivitamin 1tab, folic acid 1mg, buspirone | 1000 | Stated "I take these at home everyday."   |

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|---|------|--|------|---|------|----------------------------|
|   |      |  |      | 5mg, and nicotine patch 7mg.                      |      |                            |
| 1 | 0950 | 2-inch laceration above right eye on forehead.<br>Bleeding with erythema | 1000 | Provided wounds care and administered bacitracin. | 1000 | Tolerated wound care well. |
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Significant Event Documentation: Use the area below to document any significant events that happened during your time of care.

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