

Cancer Screening Recommendations

Cancer	Screening Test (s) How often?	Recommended for whom, what age, how often?
Breast	<ul style="list-style-type: none"> - Mammograms - Breast ultrasound - Breast MRI 	Women ages 40 to 44 have the choice to start screen; Women 45 and older should get mammograms every year
Colon	Stool based tests <ul style="list-style-type: none"> - Fecal immunochemical test, done yearly - Guaiac-based fecal occult blood test, done yearly visual exams <ul style="list-style-type: none"> - Colonoscopy, every 10 years - CT colonography, every 5 years 	Start testing at age 45, recommended for both male and female
Prostate	<ul style="list-style-type: none"> - Prostate-specific antigen blood test, every 2 years - Digital rectal exam, yearly 	Men at age 50 who are at average risk; men at age 45 who are high risk; men at age 40 who have the highest risk
Cervical	A primary HPV test every 5 years; other options include a co-test every 5 years or a Pap test alone every 3 years	Beginning at age 25 to age 65 for women
Lung	Low-dose CT scan, done yearly	Male and female ages 50 to 80 years old, those who currently smoke or have quit in the past 15 years, and those who have at least a 20 pack-year smoking history. <ul style="list-style-type: none"> - Done yearly