

Class Preparation
Substance Abuse

Fill in the chart:

Drugs	Symptoms of Use	Symptoms of Intoxication	Symptoms of Withdrawal
CNS Depressants Examples: Alcohol	Slurred speech, poor concentration, confusion, HA, dry mouth, lowered BP, slowed breathing, movement/memory issues	BAL: 0.08% Slurred speech Incoordination Unsteady gait Drowsiness Decreased BP Impaired judgement Impaired attention	Tremors Cramps Vomiting Elevated HR, BP, temp Anxiety Insomnia HA GI disturbances
CNS Stimulants Examples: Amphetamines, bath salts, methylphenidate, cocaine, caffeine, nicotine	Cracked teeth Skin infections Lung/kidney/liver damage	Euphoria Decreased appetite Impaired judgement Confusion Tachycardia HTN hyperthermia	Sleep disturbances Cravings Dysphoria SI
Opioids Examples: Opium, morphine, heroin, hydromorphone, oxycodone, hydrocodone	Euphoria, mood changes, mental clouding, drowsiness, pain reduction, N/V, decreased GI motility, MI, decreased BP	Euphoria Apathy Dysphoria Psychomotor agitation or retardation Impaired judgement Severe: resp. distresses, coma, death	N/V/D Rhinorrhea Pupillary dilation Chills Sweating Abdominal cramping Yawning Insomnia, panic, fever
Hallucinogens Examples: Mescaline Psilocybin Salvia LSD Ketamine PCP	N/V, chills, pupil dilation, increased BP/HR, insomnia, elevated blood sugar, decreased respirations, heightened response to color/sound, paranoia, panic, euphoria, depersonalization/derealization, hallucination	Memory problems, depression, anxiety, SI, psychosis	Sweating, powerful cravings, severe panic attacks, mood swings, speech problems, seizures, increased HR/BP
Inhalants Examples: Fuels Solvents Adhesives Aerosol propellants Paint thinner	Ataxia, neuropathy, speech problems, tremors, wheezing, dyspnea, emphysema, pneumonia, abdominal pain, n/v, renal failure	Dizziness, ataxia, muscle weakness, euphoria, excitability, disinhibition, slurred speech, nystagmus, blurry/double vision, psychomotor retardation, hypoactive reflexes, stupor, coma	HA, excessive sweating, tremor, seizures, abdominal cramping, intense cravings