

Class Preparation
Substance Abuse

Fill in the chart:

Drugs	Symptoms of Use	Symptoms of Intoxication	Symptoms of Withdrawal
CNS Depressants Examples: Etoh Benzos	sleepy and uncoordinated at first. They can also have poor concentration, confusion, lowered blood pressure, and slowed breathing	Slurred speech, incoordination, unsteady gait, drowsiness, decreased B/P, impaired judgement, impaired social or occupational function, impaired attention.	Tremors, cramps, vomiting, elevated HR, anxiety, insomnia, headache, GI disturbance
CNS Stimulants Examples: Cocaine Amphetamines Caffeine Nicotine	exhilaration, extended wakefulness, and loss of appetite.	Euphoria, decreased appetite, impaired judgement, confusion, tachycardia, HTN, hyperthermia	Occur within a week Irritability, anger or aggression nervousness, restlessness, anxiety, sleep difficulty, decreased appetite/weight loss, depressed mood
Opioids Examples: Oxycodone Hydrocodone Morphine	Euphoria, mood changes mental clouding, drowsiness, pain reduction, N/V, decrease GI motility, decrease pain, decrease BP	Euphoria, apathy, dysphoria, psychomotor agitation or retardation, impaired judgement, constricted pupils, decrease respirations, decrease BP, slurred speech	Symptoms begin quickly, peak in 8-12 hours and subside 4-5 days from short acting Long acting symptoms occur 1-3 days peak between 4-6 days and subside in 14-21 days N/V, lacrimation, pupillary dilation, sweating, fever, insomnia, panic
Hallucinogens Examples: LSD Cannabis Ecstasy Ketamine	N/V, chills, pupil dilation, increased blood pressure, pulse, insomnia, elevated blood sugar, decreased respirations, heightened response	tachycardia, hypertension, mydriasis, hyperthermia, and diaphoresis, but these are generally mild. Nausea and vomiting are common and often precede the onset of hallucinogenic effects.	Paranoid, depression High wears off
Inhalants Examples: Fuels Solvents Adhesives Aerosol Paint thinners	Ataxia, neuropathy, speech problems, tremors, wheezing, dyspnea, emphysema, pneumonia, abdominal pain, n/v	Dizzy, muscle weakness, euphoria, excitation, disinhibition, nystagmus, blurred/double vision, psychomotor retardation, stupor, coma	Just treat symptoms have with intoxication no withdrawal effects.