

Cancer Screening Recommendations

| Cancer | Screening Test (s) | Recommended for whom, what age, how often? |
|----------|---|--|
| Breast | <ul style="list-style-type: none"> - 21-29- know what your breast normally looks and feel like. Report changes to provider. - Starting at age 45, women should get mammograms every year. | <ul style="list-style-type: none"> - recommended beginning at age 45, with the option to begin at age 40. |
| Colon | <ul style="list-style-type: none"> - Fecal immunochemical test - Guaiac-based fecal occult blood test - Colonoscopy - CT colonography (virtual colonoscopy) - Flexible sigmoidoscopy | <ul style="list-style-type: none"> - All people should start testing at age 45 |
| Prostate | <ul style="list-style-type: none"> - Prostate-specific antigen (PSA) blood test - Digital rectal exam (DRE) - imaging test of the prostate gland, such as MRI - Getting a prostate biopsy | <ul style="list-style-type: none"> - Men with more than one close relative who had prostate cancer before age 65 are at even higher risk and should talk with a doctor about testing starting at age 40. |
| Cervical | <ul style="list-style-type: none"> - Starting at age 25 and through age 65, all people with a cervix should have a primary HPV test* every 5 years. | <ul style="list-style-type: none"> - Cervical cancer screening recommended for people with a cervix beginning at age 25. |
| Lung | <ul style="list-style-type: none"> - low-dose CT (LDCT) scan | <ul style="list-style-type: none"> - age 50 or older - if you smoke now or if you quit within the past 15 years, have no signs of lung cancer, and have a 20 pack-year smoking history. (A pack-year is 1 pack of cigarettes per day per year) |