

Beebe Healthcare
Margaret H. Rollins School of Nursing
Nursing 101 - Foundations of Nursing

Communication Day 3 Class Prep Worksheet

Video: <https://www.youtube.com/watch?v=3tVeCjXP7mY>

1. Describe health literacy in your own words.
 - a. Health literacy is how a patient understands the healthcare language. Its different then an everyday language which they could easily understand

2. Discuss 3 of the adult learning principles mentioned in the video. Be sure to describe the learning principle and give an example of how it would be used in practice.
 - a. Perceived need- we discuss what the medical problem is.

 - b. Progress from known to unknown- If a family member already had the health issue, we could possibly connect the previous experience to what they are going through now.

 - c. Simple to complex- Put the medical issue in simple terms to help them understand it more.

3. State at least 3 methods of teaching mentioned in the video.
 - a. One on one teaching
 - b. Group teaching

 - c. Provide them with written material.

4. Why are written materials recommended in teaching clients?
 - a. The patient can take home the written material and refer to as needed.

5. What types of tips should you remember when presenting data to a client?
 - a. You should be as clear as possible. Try to keep it simple and don't use jargon.

6. Which of the following does the video recommend when presenting numbers to our clients?
 - a. 5 in 100
 - b. 5%
 - c. Rare