

**Mental Health Nursing
Class Preparation
Schizophrenia**

1. What are positive symptoms of Schizophrenia? Describe at least three.
 - o **Hallucinations**
 - **False sensory perceptions that are not associated with real external stimuli**
 - **EX: Hearing voices that no one else can hear**
 - o **Delusions:**
 - **False personal beliefs**
 - **EX: Persecution delusions (thinking the FBI is watching you through “hidden cameras”)**
 - o **Form of thought: word salad**
 - **Groups of words randomly put together**
 - **Ex: she cat cow bed knee die**

2. What are negative symptoms of Schizophrenia? Describe at least three.
 - o **Impaired executive functioning**
 - **Loss of executive functioning (IE: Paying attention, Organizing/planning/prioritizing, etc.)**
 - o **Anhedonia**
 - **Lost or reduced motivation or ability to experience pleasure**
 - o **Deterioration in appearance**
 - **Loss of care for self. EX: unkept or inappropriately groomed**

3. List three Conventional Antipsychotics and their main side effects.

Trifluoperazine, Haloperidol, Chlorpromazine

Side effects: EPS: Acute Dystonia, Pseudo-Parkinsonism, Tardive dyskinesia, Akathisia

4. List three Atypical Antipsychotics and their main side effects.

Olanzapine, Quetiapine, Aripiprazole

Side effects: can have EPS systems (see above) and metabolic syndrome (HTN, hyperlipidemia, glucose intolerance, weight gain in abdominal area)

5. What is the difference between Conventional antipsychotics and atypical antipsychotics?

Conventional treat only the positive symptoms, while atypical antipsychotics treat both positive and negative symptoms