

Beebe Healthcare
Margaret H. Rollins School of Nursing
Nursing 101 - Foundations of Nursing

Communication Day 3 Class Prep Worksheet

Video: <https://www.youtube.com/watch?v=3tVeCjXP7mY>

1. Describe health literacy in your own words.
 - a. The ability to explain healthcare terms and situations to a patient on a level that they understand.

2. Discuss 3 of the adult learning principles mentioned in the video. Be sure to describe the learning principle and give an example of how it would be used in practice.
 - a. Perceived need- Why the patient needs to know the things that are being taught to them.
Example: Explaining to a patient that they have hypotension, so they need to take a certain medication.

 - b. Progress from known to unknown- Making connections to things they already understand.
Example: A patient's mother had the same illness, so they have partial prior knowledge of the illness.

 - c. Simple to Complex- Start with the basic knowledge of an illness before moving into more complex definitions.
Example: Explaining that a patient has a burn but not going in depth of what layers of tissue that are damaged.

3. State at least 3 methods of teaching mentioned in the video.
 - a. One on One teaching
 - b. Group Teaching
 - c. Written materials

4. Why are written materials recommended in teaching clients?
 - a. Written materials are recommended because the patient will not absorb every single piece of information taught to them in the hospital, so when written instructions are given this gives them something to look back on to still follow their routine.

5. What types of tips should you remember when presenting data to a client?

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- a. Avoid being vague, connect to the patient and family, use empathy, and keep the information simple.
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6. Which of the following does the video recommend when presenting numbers to our clients?
 - a. 5 in 100
 - b. 5%
 - c. Rare