

Beebe Healthcare
Margaret H. Rollins School of Nursing
Nursing 101 - Foundations of Nursing

Communication Day 3 Class Prep Worksheet

Video: <https://www.youtube.com/watch?v=3tVeCjXP7mY>

1. Describe health literacy in your own words.
 - a. The ability to understand health information to make their own decisions in the world of healthcare.

2. Discuss 3 of the adult learning principles mentioned in the video. Be sure to describe the learning principle and give an example of how it would be used in practice.
 - a. Perceived need- Giving importance and using background knowledge to have the patient learn about the health information they need to know. An example would be using experience or understanding of a disease or injury so the patient can connect to the new information being taught to them.

 - b. Practice new skills- Demonstrating and then having the patient practice that skill so it will reinforce the new skill. An example will be showing how to properly use a certain medical equipment and the patient practices using it.

 - c. Corrections of misconceptions- Correcting any misunderstanding a patient or family member may have about any health information that is given to them. An example would be the specifics of a surgery or about a disease. The corrections can be given various ways and combinations. It can either be verbal, written, or demonstrated and so on.

3. State at least 3 methods of teaching mentioned in the video.
 - a. One on one teaching

 - b. Written materials

 - c. Internet resources

4. Why are written materials recommended in teaching clients?

Patients can take home the material to review it again and use it as a guide in case they forget all the new information being given to them.

5. What types of tips should you remember when presenting data to a client?

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- a. Being clear is the biggest tip. Avoid using medical jargon, be specific rather than being vague, connecting with their concerns and giving tools to help with them. Being empathetic when presenting data as well as keeping it concise or simple.
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6. Which of the following does the video recommend when presenting numbers to our clients?
 - a. 5 in 100
 - b. 5%**
 - c. Rare