

**Mental Health Nursing  
Class Preparation  
Schizophrenia**

1. What are positive symptoms of Schizophrenia? Describe at least three.

Positive symptoms are things that add on to normal behavior. Some examples are:

1. Hallucinations (visual or auditory)
2. Delusions (thinking outside of reality)
3. Grandiose thinking (powerfulness to end the world or stop world from ending etc)

2. What are negative symptoms of Schizophrenia? Describe at least three.

Negative symptoms are behaviors that are taken away from normal behavior. Some examples are:

1. Anhedonia (loss of interest in activities /pleasure)
2. Social isolation
3. Affective blunting (emotional numbing, doesn't express feelings)

3. List three Conventional Antipsychotics and their main side effects.

1. Chlorpromazine
2. Loxapine
3. Trifluoperazine

The side effects are EPS symptoms:

- dystonia – muscle tightness
- Akathisia – restlessness
- Parkinsonism – shuffling gait, tremors, drooling
- Tardive dyskinesia – movement disturbance, lip smacking, piano finger, worm like movements of tongue.

4. List three Atypical Antipsychotics and their main side effects.

1. Risperidone
2. Clozapine
3. Olanzapine

The side effects are Metabolic symptoms:

- Weight gain
- Diabetes (increased gluten intolerance)
- Increased lipids

5. What is the difference between Conventional antipsychotics and atypical antipsychotics?

Conventional antipsychotics treat positive symptoms only, whereas atypical treat positive and negative symptoms. Also, conventional has more EPS side effects where atypical produces less EPS side effects and more metabolic side effects. Atypical can also be taken as a shot once a month for those noncompliant.