

MARGARET H. ROLLINS SCHOOL OF NURSING
N-201 Nursing Care of Special Populations
MENTAL HEALTH NURSING
Class Preparation #2

Compare the three clusters of personality disorders & nursing interventions for each cluster:

Clusters	Defining Characteristics	Nursing Interventions
Cluster A 1. Paranoid 2. Schizotypal 3. Schizoid	1. pervasive, persistent, and inappropriate mistrust of others 2. profound defect in the ability to form personal relationships 3. Resembles schizophrenia	Attempt to establish trust Professional demeanor Be Honest Clear, simple explanations Set limits
Cluster B 1. Antisocial 2. Borderline 3. Narcissistic 4. Histrionic	1. Little regard for the needs and emotions of others 2. Fragile with a pattern of intense and chaotic relationships with affective instability 3. Fragile self-esteem, sense of entitlement 4. Constant need for attention, colorful/dramatic	Give positive reinforcement for unselfish or other-center behaviors Keep communications & interactions professional Provide support Help clarify true feelings Assess for suicidal ideation
Cluster C 1. Dependent 2. Avoidant 3. Obsessive-compulsive disorder	1. Characterized by a pattern of relying on others for emotional support 2. Extreme sensitivity to rejection 3. Characterized by inflexibility about the way in which things must be done	Teach and role model assertiveness Friendly, gentle reassuring approach Guard against power struggles Provide structure Assist in developing effective coping techniques