

MARGARET H. ROLLINS SCHOOL OF NURSING
N-201 Nursing Care of Special Populations
MENTAL HEALTH NURSING
Class Preparation #2

Compare the three clusters of personality disorders & nursing interventions for each cluster:

| Clusters | Defining Characteristics | Nursing Interventions |
|--|--|--|
| <p>Cluster A</p> <p>1. paranoid personality disorder</p> <p>2. schizoid personality disorder</p> <p>3. Schizotypal personality disorder</p> | <p>1. pervasive, persistent, and inappropriate mistrust of others</p> <p>2. profound defect in the ability to form personal relationships</p> <p>3. resembles schizophrenia, aloof/isolated, blank, apathetic, illusions, withdrawal</p> | <p>Establish trust</p> <p>Professional demeanor</p> <p>Be honest</p> <p>Clear, simple explanations</p> <p>Set limits</p> |
| <p>Cluster B</p> <p>1. antisocial personality disorder</p> <p>2. borderline personality disorder</p> <p>3. histrionic personality disorder</p> <p>4. narcissistic personality disorder</p> | <p>1. fails to sustain consistent employment/ conform to laws, exploits/manipulates others, no stable relationships, disregard for others, violates others' rights, no remorse</p> <p>2. pattern of intense and chaotic relationships with affective instability, fluctuate attitudes, impulsive, chronic depression, abandonment issues, chronic emptiness feelings</p> <p>3. excitable, emotional, colorful, dramatic, self-dramatizing, extrovert, attention-seeking</p> <p>4. entitlement, think deserve special considerations, lack of empathy, envy others, fragile self-esteem</p> | <p>Give positive reinforcement for unselfish/other centered behaviors</p> <p>Keep communications and interactions professional</p> <p>Provide support</p> <p>Help clarify true feelings</p> <p>Assess for SI</p> |
| <p>Cluster C</p> <p>1. avoidant personality disorder</p> <p>2. dependent personality disorder</p> <p>3. obsessive-compulsive personality disorder</p> | <p>1. extreme sensitivity to rejection, social withdrawal, awkward, uncomfortable, desire close relationships but avoid bc of fear or rejection, perceived as timid, withdrawn, cold</p> <p>2. characterized by a pattern of relying on others for emotional support, fear of separation/being alone, low self-confidence, low self-worth</p> <p>3. inflexibility about the way in which things must be done</p> | <p>Teach and role model assertiveness</p> <p>friendly, gentle reassuring</p> <p>guard against power struggles</p> <p>provide structure</p> <p>assist in developing effective coping mechanisms</p> |