

MARGARET H. ROLLINS SCHOOL OF NURSING
N-201 Nursing Care of Special Populations
MENTAL HEALTH NURSING
Class Preparation #2

Compare the three clusters of personality disorders & nursing interventions for each cluster:

Clusters	Defining Characteristics	Nursing Interventions
<p>Cluster A</p> <ol style="list-style-type: none"> 1. Schizotypal PD 2. Schizoid PD 3. Paranoid PD 	<ol style="list-style-type: none"> 1. persuasive, persistent, and inappropriate mistrust of others 2. profound defect in that ability to form personal relationships 3. aloof and isolated, bland and apathetic magical thinking, ideals of reference 	<ol style="list-style-type: none"> 1. Attempt to establish trust 2. Professional demeanor 3. Be honest 4. clear, simple explanations 5. Set limits
<p>Cluster B</p> <ol style="list-style-type: none"> 1. Antisocial PD 2. Borderline PD 3. Borderline personality 4. Narcissistic PD 	<ol style="list-style-type: none"> 1. Fails to sustain consistent employment, fails to conform to the law, exploits and manipulates of others, fails to develop stable relationship 2. Pattern of intense and chaotic relationships with affective instability, fluctuating, highly impulsive, chronic depression, abandonment issues, chronic feeling of emptiness 3. Emotionally unstable, may dissociate under stress, difficulty controlling behavior, self-destructive, splitting defense, and high suicide rate 4. sense of entitlement, believe they should receive special consideration, lack of empathy, exploiting others to meet their own needs, envious of others, use of splitting; tantrums 	<ol style="list-style-type: none"> 1. give positive reinforcement for unselfish or other center behaviors 2. Keep communication and interactions professional 3. provide support 4. Help clarify true feelings 5. Assess for suicidal ideations

<p>Cluster C</p> <ol style="list-style-type: none"> 1. Dependent personality disorder 2. Avoidant personality disorder 3. Obsessive compulsive disorder 	<ol style="list-style-type: none"> 1. Pattern of relying on others for emotional support, intense fear of separation and being alone, lack of self-confidence, tolerant of poor/abusive relationships, low self-worth, inability to make decisions without excessive reassurance, needs support from others, high levels of anxiety 2. Extreme sensitivity to rejection, social withdrawal, awkward in social situations, desire for close relationship but avoid them for fear of rejection, often lonely and feels unwanted, view others as critical and betraying, timid 3. Especially concerned with matters of organization and efficiency, tend to be rigid and unbending, socially polite and formal, high achievers 	<ol style="list-style-type: none"> 1. Teach and role model assertiveness 2. friendly, gentle reassuring approach 3. guard against power struggles 4. provide structure 5. assist in developing effective coping techniques
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