

MARGARET H. ROLLINS SCHOOL OF NURSING
N-201 Nursing Care of Special Populations
MENTAL HEALTH NURSING
Class Preparation #2

Compare the three clusters of personality disorders & nursing interventions for each cluster:

Clusters	Defining Characteristics	Nursing Interventions
<p>Cluster A</p> <p>1. Paranoid Personality Disorder</p> <p>2. Schizoid Personality Disorder</p> <p>3. Schizotypal Personality Disorder</p>	<p>1. Pervasive, persistent, and inappropriate mistrust of others. suspicious of motives and assume that they intend to harm or deceive them. Always ready for real or imagined threat, and trusts no one. Tests the honesty of others. Insensitive to the feelings of others. Misinterprets minute cues, magnifies and distorts cues in the environment, does not accept responsibility for own behavior, and attributes shortcomings to others.</p> <p>2. Profound defect in the ability to form personal relationships. Failure to respond to others in a meaningful emotional way, aloof and indifferent to others, emotionally cold, no close friends; and prefers to be alone. Appears shy, anxious, or uneasy in the presence of others, inappropriately serious about everything and difficulty acting in a light-hearted manner.</p> <p>3. Resembles schizophrenia and may develop into schizophrenia. 10% suicide. Aloof and isolated, behave in a bland and apathetic manner, magical thinking, illusions, depersonalization superstitious, withdrawal, lacks close friends, bizarre speech pattern, stress leads to decompensation and can demonstrate psychotic symptoms.</p>	<p>-SAFETY</p> <p>-Establish rapport</p> <p>-Attempt to establish trust</p> <p>-Professional demeanor</p> <p>-Be Honest</p> <p>-Clear, simple explanations</p> <p>-Set limits</p>
<p>Cluster B</p> <p>1. Antisocial Personality Disorder</p> <p>2. Borderline Personality Disorder</p> <p>3. Narcissistic Personality Disorder</p> <p>4. Historic Personality Disorder</p>	<p>1. Fails to sustain consistent employment, conform to the law, manipulates others for personal gain, fails to develop stable relationships, persistent disregard for others and violation of others rights, and the absence of remorse for hurting others.</p> <p>2. Pattern of intense and chaotic relationships with affective instability, fluctuating and extreme attitudes regarding other people, highly impulsive, chronic depression, abandonment issues, and chronic feelings of emptiness.</p> <p>3. Sense of entitlement, believe they should receive special consideration, lack of empathy; exploiting others to meet own needs, envious of others, tantrums. Criticisms causes rage.</p> <p>4. Excitable, emotional, colorful, dramatic, and extroverted behavior. Self-dramatizing and attention seeking. Often seductive or manipulative.</p>	<p>-SAFETY</p> <p>-Establish rapport</p> <p>-Give positive reinforcement for unselfish or other-center behaviors.</p> <p>-Keep communications and interactions professional.</p> <p>-Provide support</p> <p>-Help clarify true feelings</p> <p>-Assess for suicidal ideation</p>

<p>Cluster C</p> <p>1. Dependent Personality Disorder</p> <p>2. Avoidant Personality Disorder</p> <p>3. Obsessive- compulsive disorder</p>	<p>1. Pattern of relying on others for emotional support, intense fear of separation and being alone, lack of self-confidence, low self-worth and easily hurt by criticism and disapproval, tolerant of poor or abusive relationships. Increased anxiety.</p> <p>2. Extreme sensitivity to rejection, social withdrawal, awkward and uncomfortable in social situations, desire close relationships but avoid them because of fear of being rejected, timid, withdrawn, and strange. Lonely and feel unwanted, and view others as critical and betraying.</p> <p>3. Characterized by inflexibility about the way in which things must be done, devotion to productivity, concerned with matters of organization and efficiency, tend to be rigid and unbending, socially polite and formal, high achievers.</p>	<p>-SAFETY</p> <p>-Establish rapport</p> <p>-Teach and role model assertiveness</p> <p>-Friendly, gentle reassuring approach</p> <p>-Guard against power struggles</p> <p>-Provide structure</p> <p>-Assist in developing effective coping techniques</p>
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