

**MARGARET H. ROLLINS SCHOOL OF NURSING**  
**N-201 Nursing Care of Special Populations**  
**MENTAL HEALTH NURSING**  
**Class Preparation #2**

Compare the three clusters of personality disorders & nursing interventions for each cluster:

Clusters	Defining Characteristics	Nursing Interventions
<p>Cluster A</p> <ol style="list-style-type: none"> <li>1. Paranoid personality disorder</li> <li>2. Schizoid personality disorder</li> <li>3. Schizotypal personality disorder</li> </ol>	<ol style="list-style-type: none"> <li>1. Pervasive mistrust and suspiciousness of others</li> <li>2. detachment from social relationships and a restricted range of emotional expression in interpersonal settings.</li> <li>3. social and interpersonal deficits marked by acute discomfort with and reduced capacity for close relationships as well as by cognitive or perceptual distortions and behavioral eccentricities.</li> </ol>	<p>Establish trust to have more open ended conversations</p> <p>Set limitations and expectations of behavior</p> <p>Be clear when speaking, be honest</p>
<p>Cluster B</p> <ol style="list-style-type: none"> <li>1. Antisocial personality disorder</li> <li>2. Histrionic</li> <li>3. Narcissistic</li> <li>4. Borderline</li> </ol>	<ol style="list-style-type: none"> <li>1. disregard for and violation of the rights of others</li> <li>2. excessive emotionality and attention-seeking</li> <li>3. grandiosity (in fantasy or behavior), a need for admiration, and a lack of empathy.</li> <li>4. unstable interpersonal relationships, self-image, and affect, as well as marked impulsivity</li> </ol>	<p>Give positive reinforcement for positive behaviors</p> <p>Clarify reality for them</p> <p>Monitor for suicidal ideation</p>
<p>Cluster C</p> <ol style="list-style-type: none"> <li>1. Avoidant</li> <li>2. Obsessive compulsive</li> <li>3. Dependent</li> </ol>	<ol style="list-style-type: none"> <li>1. social discomfort and reticence, low self-esteem, and hypersensitivity to negative evaluation.</li> <li>2. preoccupation with perfectionism, mental and interpersonal control, and orderliness at the expense of flexibility, openness, and efficiency.</li> <li>3. excessive need to be taken care of, which leads to submissive and clinging behavior and fears of separation</li> </ol>	<p>Provide information on setting goals</p> <p>Provide structure</p> <p>Assess in developing effective coping techniques</p>