

**MARGARET H. ROLLINS SCHOOL OF NURSING**  
**N-201 Nursing Care of Special Populations**  
**MENTAL HEALTH NURSING**  
**Class Preparation #2**

Compare the three clusters of personality disorders & nursing interventions for each cluster:

Clusters	Defining Characteristics	Nursing Interventions
<p>Cluster A</p> <p>1. Paranoid Personality Disorder</p> <p>2. Schizoid Personality Disorder</p> <p>3. Schizotypal Personality Disorder</p>	<p>1. Persuasive, persistent, and inappropriate mistrust of others. Suspicious of others motives, assumes others intend to harm or deceive them. TRUSTS NO ONE</p> <p>2. A defect in the ability to form personal relationships. Fails to respond in a meaningful, emotional way. No close friends. Shy &amp; anxious</p> <p>3. Resembles schizophrenia. Withdrawal, bizarre speech pattern, magical thinking, superstitions, delusions</p>	<p>Develop trust</p> <p>Professional demeanor</p> <p>Be honest</p> <p>Clear, simple explanations</p> <p>Set limits</p>
<p>Cluster B</p> <p>1. Antisocial personality disorder</p> <p>2. Borderline Personality Disorder</p> <p>3. Narcissistic Personality Disorder</p> <p>4. Historic Personality Disorder</p>	<p>1. Fails to develop stable relationships, sustain a consistent employment, have persistent violation of other's rights</p> <p>2. Fluctuating and extreme attitudes regarding other people, chronic depression, abandonment issues, chaotic relationships, difficulty controlling anger, dissociates under stress</p> <p>3. Sense of entitlement, lack of empathy, envious of others, criticism may cause to rage</p> <p>4. Self-dramatizing, attention-seeking, extroverted, excitable &amp; emotional</p>	<p>Give positive reinforcement- for unselfish behaviors</p> <p>Keep communication and interactions professional</p> <p>Provide support</p> <p>Help clarify true feelings</p> <p>Assess for suicidal ideation</p>
<p>Cluster C</p> <p>1. Dependent Personality Disorder</p> <p>2. Avoidant Personality Disorder</p> <p>3. Obsessive-compulsive Disorder</p>	<p>1. Relies on other for emotional support, intense fear or separation/alone, lack of self-confidence, high levels of anxiety</p> <p>2. Extreme sensitivity to rejection, social withdrawal, uncomfortable in social situations, timid, view others as betraying</p> <p>3. Inflexibility in the way in which things must be done, devotion of production is pleasure, concerned with organization, high achievers</p>	<p>Teach and role model assertiveness</p> <p>Friendly, gentle reassuring approach</p> <p>Guard against power struggles</p> <p>Provide structure</p> <p>Assist in developing effective coping techniques</p>