

MARGARET H. ROLLINS SCHOOL OF NURSING
N-201 Nursing Care of Special Populations
MENTAL HEALTH NURSING
Class Preparation #2

Compare the three clusters of personality disorders & nursing interventions for each cluster:

Clusters	Defining Characteristics	Nursing Interventions
<p>Cluster A</p> <p>1. Paranoid Personality Disorder</p> <p>2. Schizoid Personality Disorder</p> <p>3. Schizotypal Personality Disorder</p>	<ol style="list-style-type: none"> 1. Characterized by pervasive, persistent, and inappropriate mistrust of others 2. Characterized primary by a profound defect in the ability to form personal relationships 3. Resembles schizophrenia, may develop into schizophrenia 	<p>Safety is always the priority</p> <p>Set limits on patient behavior</p> <p>All staff should consistently enforce limits</p> <p>Encourage verbalization of feelings, perceptions, and fears</p>
<p>Cluster B</p> <p>1. Antisocial Personality Disorder</p> <p>2. Borderline Personality Disorder</p> <p>3. Narcissistic Personality Disorder</p> <p>4. Histrionic Personality Disorder</p>	<ol style="list-style-type: none"> 1. Fails to sustain consistent employment, fails to conform to the law, exploits and manipulates others for personal gain, fails to develop stable relationships, persistent disregard for others 2. Characterized by a pattern of intense and chaotic relationships with affective instability 3. Sense of entitlement, believe they should receive special considerations, envious of others, lack of empathy, use of splitting, tantrums 4. Behavior is excitable and emotional, colorful and dramatic and extroverted. 	<p>Assess your own reactions towards patient</p> <p>Have discussions with staff members</p> <p>Observe client's behavior frequently</p> <p>Do not give positive reinforcement for manipulating behavior</p>
<p>Cluster C</p> <p>1. Dependent Personality Disorder</p> <p>2. Avoidant Personality Disorder</p> <p>3. Obsessive-Compulsive Disorder</p>	<ol style="list-style-type: none"> 1. Characterized by a pattern of relying on others for emotional support 2. Characterized by extreme sensitivity to rejection, and social withdrawal 3. Characterized by inflexibility about the way in which things must be done 	<p>Encourage client to talk about their feelings</p> <p>Identify triggers</p> <p>Discuss alternative behaviors</p> <p>Teach coping skills</p> <p>Create a therapeutic relationship</p>

