

**MARGARET H. ROLLINS SCHOOL OF NURSING**  
**N-201 Nursing Care of Special Populations**  
**MENTAL HEALTH NURSING**  
**Class Preparation #2**

Compare the three clusters of personality disorders & nursing interventions for each cluster:

Clusters	Defining Characteristics	Nursing Interventions
<p>Cluster A</p> <ol style="list-style-type: none"> <li>1. Paranoid personality disorder</li> <li>2. schizoid personality disorder</li> <li>3. schizotypal personality disorder</li> </ol>	<ol style="list-style-type: none"> <li>1. A pervasive, persistent, and inappropriate mistrust of others. They tend to distort environmental cues and does not take responsibility for their own actions</li> <li>2. A profound defect in the ability to form personal relationships, aloof and indifferent to others, emotionally cold, prefers to be alone, appears shy, and is uneasy in the presence of others</li> <li>3. Aloof and isolated, behave in a bland and apathetic matter, they have magical thinking, illusions, depersonalization, superstitions, lacks close friends, and exhibits bizarre speech patterns</li> </ol>	<p>Establish trust, use clear and simple explanations, set limits and be professional</p>
<p>Cluster B</p> <ol style="list-style-type: none"> <li>1. antisocial personality disorder</li> <li>2. borderline personality disorder</li> <li>3. narcissistic personality disorder</li> <li>4. Historic personality disorder</li> </ol>	<ol style="list-style-type: none"> <li>1. fails to sustain consistent employment, fails to conform to law, exploits and manipulates others for personal gain, fails to develop personal relationships, persistent disregard for others, violates others rights</li> <li>2. A pattern of intense and chaotic relationships with affective instability, fluctuating and extreme attitudes regarding other people, highly impulsive, chronic depression, abandonment issues, emotionally unstable, difficulty controlling anger, high suicide rate</li> <li>3. Sense of entitlement, believe they should receive special considerations, lack of empathy, envious of others, mood changes easily. They want positive feedback ,criticism can cause</li> </ol>	<p>Give positive reinforcement for unselfish behaviors, keep communications professional, provide support, help clarify true feelings, assess for suicidal ideations</p>

	<p>them to respond with rage, shame and humiliation</p> <p>4. Self dramatization, attention seeking, overly gregarious, colorful and dramatic, extroverted</p>	
<p>Cluster C</p> <p>1. dependent personality disorder</p> <p>2. avoidant personality disorder</p> <p>3. Obsessive compulsive disorder</p>	<p>1. A pattern of relying on others for emotional support, intense fear of separation and being alone, lack of self-confidence, low self-worth, and they are easily hurt by criticism and disapproval</p> <p>2. Extreme sensitivity to rejection, social withdraw, socially awkward and uncomfortable, they desire close relationships but avoid them because of fear of being rejected, perceived as timid, withdrawn, cold or strange.</p> <p>3. Inflexibility about the way things must be done, devotion to productivity at the exclusion of personal pleasure, especially concerned with matters of organization and efficiency, they tend to be rigid and unbending, socially polite and high achievers</p>	<p>Assist with coping techniques, provide structure, be friendly, role model assertiveness and allow for gentle reassuring</p>