

**MARGARET H. ROLLINS SCHOOL OF NURSING**  
**N-201 Nursing Care of Special Populations**  
**MENTAL HEALTH NURSING**  
**Class Preparation #2**

Compare the three clusters of personality disorders & nursing interventions for each cluster:

Clusters	Defining Characteristics	Nursing Interventions
<p>Cluster A</p> <p>1. Paranoid Personality Disorder</p> <p>2. Schizoid Personality Disorder</p> <p>3. Schizotypal Personality Disorder</p>	<p>1. Characterized by a pervasive, persistent, and inappropriate mistrust of others, individuals with this disorder are suspicious of others' motives and assume that others intend to exploit, harm, or deceive them.</p> <p>2. Characterized primarily by a profound defect in the ability to form personal relationships, failure to respond to others in a meaningful emotional way</p> <p>3. Resembles schizophrenia, may develop into schizophrenia</p>	<p>Attempt to establish trust, professional demeanor, be honest, clear, simple explanations, set limits</p>
<p>Cluster B</p> <p>1. Antisocial personality disorder</p> <p>2. Borderline Personality Disorder</p> <p>3. Histrionic Personality Disorder</p> <p>4. Narcissistic Personality</p>	<p>1. Fails to sustain consistent employment, fails to conform to the law, exploits and manipulates others for personal gain, fails to develop stable relationships, persistent disregard for others, persistent violation of others' rights, absence of remorse for hurting others</p> <p>2. a pattern of intense and chaotic relationships with affective instability, fluctuating and extreme attitudes regarding other people, highly impulsive, chronic depression, abandonment issues, chronic feelings of emptiness</p> <p>3. Excitable &amp; emotional, colorful &amp; dramatic, extroverted</p> <p>4. Sense of entitlement, believe they should receive special consideration, lack of empathy; exploiting others to meet own needs, envious of others, use of splitting, tantrums</p>	<p>Give positive reinforcement for unselfish or other-center behaviors, keep communications &amp; interactions professional, provide support, help clarify true feelings, assess for suicidal ideation</p>
<p>Cluster C</p> <p>1. Avoidant personality disorder</p> <p>2. Dependent personality disorder</p> <p>3. Obsessive-compulsive personality disorder</p>	<p>1. Extreme sensitivity to rejection, social withdrawal</p> <p>2. a pattern of relying on others for emotional support, intense fear of separation and being alone, lack of self-confidence, low self-worth and easily hurt by criticism and disapproval</p> <p>3. Characterized by inflexibility about the way in which things must be done, devotion to productivity at the exclusion of personal pleasure</p>	<p>Teach and role model assertiveness, friendly, gentle reassuring approach, guard against power struggles, provide structure, assist in developing effective coping techniques</p>