

Reflective Assignment

- a. During the auditory hallucination scenario I felt uncomfortable. There was so much going on that made it difficult to pay attention to what I was doing.
- b. During the stimulation, I did have some cognitive impairment. I had a trouble time concentrating. sometimes I would just concentrate to what the words were saying. For emotional discomfort, I was getting a little stressed because I wasn't able to recognize some of the words and numbers that were mentioned. I was also getting lost. As I was reading to the article, I wasn't able to comprehend with what I was reading. I also felt a little frustrated when trying to make the airplane. I was following the steps but didn't finish it. For physical discomfort I was having some headaches.
- c. I wasn't able to accomplish the task that I was asked to. For writing the numbers and words, I was able to recognize at least one or two.
- d. Yes, this experience did change my way on how to view people with schizophrenia.
- e. Yes, this video did increase my empathy. With doing this stimulation, I was able to actually comprehend what goes on the mind of someone who has schizophrenia.
- f. Yes, this will impact my practice as a future nurse. I can know understand why people with schizophrenia react the way they do. It would impact my nursing practice because now I know the importance of highlighting or circling important information.
- g. Yes, I do recommend this experience to other students. It's going to allow students to feel empathy and realize some things that schizophrenia people have to deal with.