

- a. I thought that the auditory hallucinations were a little creepy and made me feel a little uneasy
- b. I had slight emotional discomfort just because of the creepiness in the voices, tones, and words they were saying and would definitely feel devalued if I thought they were actually real. I did also experience cognitive impairment during this simulation such as difficulty concentrating. When I was trying to concentrate to think about the positive and negative symptoms, the voices were distracting and made it hard for me to concentrate on answering the questions
- c. I was able to answer the first 3 questions asked, and some of the article questions before running out of time. I only was able to remember 4 of the words and 4 of the numbers. I was not able to make the paper airplane.
- d. This experience definitely changed my view on people with schizophrenia. I really did not know what schizophrenia was before I had only heard of it and the hallucinations they may hear/see/feel, but actually hearing those voices in your head while trying to complete tasks like a normal person was very overwhelming.
- e. My first thought when I began hearing the voices was that I feel so bad for anyone that has these voices playing in their head, so yes my empathy definitely increased from this experience
- f. Yes, this will impact my practice by how slow I will talk to patients and how I will react if they are telling me they are hearing voices. I will definitely be more empathetic towards them
- g. Yes I would recommend this experience to others so they too will experience these voices first hand and be able to empathize with schizophrenic patients.