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Schizophrenia Sim

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- 1) During the “Auditory Hallucination” simulation I felt extremely comfortable. To hear multiple different voices telling me “I’m dirty”, “jump in front of that car”, “I’m a bastard” made it extremely hard to focus and follow simple commands.
- 2) I did have some cognitive and physical discomfort during the simulation. I was unable to concentrate, distracted, and difficulty understanding especially while trying to follow the directions to make the paper airplane and while trying to remember the 5 words. I felt some anxiety and distress while trying to follow simple instructions
- 3) I was not able to accomplish every task. I was able to list the positive and negative symptoms and nursing interventions. I kept on losing my train of thought
- 4) Yes, this simulation has opened my eyes for someone who has schizophrenia
- 5) Yes, this simulation has increased my empathy for a schizophrenic patient.
- 6) Yes, I will talk slowly and clear when speaking to a schizophrenic patient. I will repeat instructions, educations, etc. however many times needed.
- 7) Yes, I would recommend this exercise to all nursing students