

MARGARET H. ROLLINS SCHOOL OF NURSING
N-201 Nursing Care of Special Populations
MENTAL HEALTH NURSING
Class Preparation #2

Compare the three clusters of personality disorders & nursing interventions for each cluster:

Clusters	Defining Characteristics	Nursing Interventions
<p>Cluster A</p> <ol style="list-style-type: none"> 1. Paranoid Personality Disorder 2. Schizoid Personality Disorder 3. Schizotypal Personality Disorder 	<ol style="list-style-type: none"> 1. Pervasive, persistent, and inappropriate mistrust of others 2. Profound defect in the ability to form personal relationships 3. Resembles schizophrenia, may develop into schizophrenia, up to 10% suicide 	<ul style="list-style-type: none"> ○ Attempt to establish trust ○ Professional demeanor ○ Be Honest ○ Clear, simple explanations ○ Set limits
<p>Cluster B</p> <ol style="list-style-type: none"> 1. Antisocial Personality Disorder 2. Borderline Personality Disorder 3. Histrionic Personality Disorder 4. Narcissistic Personality 	<ol style="list-style-type: none"> 1. Fails to sustain consistent employment; fails to conform to the law; exploits and manipulates others for personal gain; fails to develop stable relationships; persistent disregard for others; persistent violation of others' rights; absence of remorse for hurting others 2. A pattern of intense and chaotic relationships with affective instability 3. Excitable & emotional; colorful & dramatic; extroverted; self-dramatizing; attention-seeking; overly gregarious, seductive & manipulative 4. Sense of entitlement; believe they should receive special consideration; lack of empathy; exploiting others to meet own needs; envious of others; use of splitting, tantrums 	<ul style="list-style-type: none"> ○ Give positive reinforcement for unselfish or other-center behaviors ○ Keep communications & interactions professional ○ Provide support ○ Help clarify true feelings ○ Assess for suicidal ideation
<p>Cluster C</p> <ol style="list-style-type: none"> 1. Avoidant Personality Disorder 2. Dependent Personality Disorder 3. Obsessive-Compulsive Personality Disorder 	<ol style="list-style-type: none"> 1. Extreme sensitivity to rejection; social withdrawal 2. A pattern of relying on others for emotional support 3. Inflexibility about the way in which things must be done 	<ul style="list-style-type: none"> ○ Teach and role model assertiveness ○ Friendly, gentle reassuring approach ○ Guard against power struggles ○ Provide structure ○ Assist in developing effective coping techniques