

**MARGARET H. ROLLINS SCHOOL OF NURSING**  
**N-201 Nursing Care of Special Populations**  
**MENTAL HEALTH NURSING**  
**Class Preparation #2**

Compare the three clusters of personality disorders & nursing interventions for each cluster:

Clusters	Defining Characteristics	Nursing Guidelines
<p>Cluster A: Weird-oddness/eccentricity</p> <p>1. Paranoid Personality Disorder</p> <p>2. Schizoid Personality Disorder</p> <p>3. Schizotypal Personality Disorder</p>	<p>1. Pervasive, Persistent, and inappropriate mistrust of others.</p> <p>2. Profound defect in the ability to form personal relationships.</p> <p>3. Resembles schizophrenia and may develop into schizophrenia, Ex: aloof and isolated, behave in a bland and apathetic manner, illusions, withdrawal into self, lack close friends, exhibits bizarre speech pattern.</p>	<p>Attempt to establish trust</p> <p>Professional demeanor</p> <p>Be Honest</p> <p>Clear, simple explanations</p> <p>Set limits</p>
<p>Cluster B: Wild-Emotional/Erratic</p> <p>1. Antisocial Personality Disorder</p> <p>2. Borderline Personality Disorder</p> <p>3. Histrionic Personality Disorder</p> <p>4. Narcissistic Personality Disorder</p>	<p>1. Fails to sustain inconsistent employment, persistent disregard of others, fails to conform to the law, exploits and manipulates others for personal gain.</p> <p>2. Pattern of intense and chaotic relationships with affective instability.</p> <p>3. Excitable and emotional, colorful and dramatic, extroverted</p> <p>4. Sense of entitlement, believe they should receive special consideration, lack of empathy, tantrums, use of split</p>	<p>Give positive reinforcement for unselfish or other-center behaviors</p> <p>Keep communications &amp; interactions professional</p> <p>Provide support</p> <p>Help clarify true feelings</p> <p>Assess for suicidal ideation</p>

<p>Cluster C: Worried-Anxiety/Fear</p> <p>1. Dependent Personality Disorder</p> <p>2. Avoidant Personality Disorder</p> <p>3. Obsessive-compulsive Personality Disorder</p>	<p>1. Pattern of relying on others for emotional support.</p> <p>2. Extreme sensitivity to rejection, social withdrawal.</p> <p>3. Characterized by inflexibility about the way in which things must be done.</p>	<p>Teach and role model assertiveness</p> <p>Friendly, gentle reassuring approach</p> <p>Guard against power struggles</p> <p>Provide structure</p> <p>Assist in developing effective coping techniques</p>
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Nursing Interventions:

- o Safety is always the priority
- o Set limits on patient behavior.
- o All staff should consistently enforce limits.
- o Assess your own reactions toward the patient.
- o Have discussions with staff members
- o Observe client's behavior frequently
- o Do not give positive reinforcement for manipulating behavior
- o Encourage client to talk about their feelings
- o Identify triggers
- o Discuss alternative behaviors
- o Teach coping skills
- o Create a therapeutic relationship
- o Encourage verbalization of feelings, perceptions, & fears