

**MARGARET H. ROLLINS SCHOOL OF NURSING**  
**N-201 Nursing Care of Special Populations**  
**MENTAL HEALTH NURSING**  
**Class Preparation #2**

Compare the three clusters of personality disorders & nursing interventions for each cluster:

Clusters	Defining Characteristics	Nursing Interventions
<p>Cluster A</p> <ol style="list-style-type: none"> <li>1. paranoid</li> <li>2. schizoid</li> <li>3. schizotypal</li> </ol>	<ol style="list-style-type: none"> <li>1. Pervasive, persistent, and inappropriate mistrust of others</li> <li>2. Characterized primarily by a profound defect in the ability to form personal relationships</li> <li>3. Resembles schizophrenia, aloof and isolated, behave in bland/apathetic manner, magical thinking</li> </ol>	<p>Attempt to establish trust  Professional demeanor  Be honest  Clear, simple explanations  Set limits</p>
<p>Cluster B</p> <ol style="list-style-type: none"> <li>1. Antisocial</li> <li>2. Borderline</li> <li>3. Histrionic</li> <li>4. Narcissistic</li> </ol>	<ol style="list-style-type: none"> <li>1. Fails to sustain consistent employment/conform to law, Exploits and manipulates others for personal gain, fails to develop stable relationships</li> <li>2. Characterized by a pattern of intense and chaotic relationships with affective instability, Fluctuating and extreme attitudes regarding other people, highly impulsive, chronic depression, abandonment issues</li> <li>3. Excitable/emotional, colorful, dramatic, extroverted</li> <li>4. Sense of entitlement, believe they should be given special privilege, lack of empathy, exploiting others for own benefit, envious of others, splitting, tantrums</li> </ol>	<p>Give positive reinforcement for unselfish or other-center behaviors  Keep communications &amp; interactions professional  Provide support  Help clarify true feelings  Assess for suicidal ideation</p>
<p>Cluster C</p> <ol style="list-style-type: none"> <li>1. Avoidant</li> <li>2. Dependent</li> <li>3. Obsessive-Compulsives</li> </ol>	<ol style="list-style-type: none"> <li>1. Extreme sensitivity to rejection, social withdrawal, awkward/uncomfortable in social situations</li> <li>2. Characterized by a pattern of relying on others for emotional support, Intense fear of separation and being alone, lack of self-confidence</li> <li>3. Characterized by inflexibility about the way in which things must be done, Devotion to productivity at the exclusion of personal pleasure, Especially concerned with matters of organization and efficiency</li> </ol>	<p>Teach and role model assertiveness  Friendly, gentle reassuring approach  Guard against power struggles  Provide structure  Assist in developing effective coping techniques</p>