

**Margaret H. Rollins School of Nursing
N201 Nursing Care of Special Populations
MENTAL HEALTH NURSING**

Class Preparation

Directions: Answer the following questions:

1. What is your perception of an individual with a mental illness?
I think a lot of people have unfair bias when it comes to mental health. It is critical to understand the illness to know how to best interact with that person. I do not feel that mental illness should define a person.
2. What would you say to a depressed client who was admitted to a psychiatric facility after attempting suicide?
I am sorry you have been feeling so terrible. It doesn't have to be that way. I want to create a safe space for you to talk freely. How can I support you?
3. What is a Mental Status Examination?
An assessment tool used to evaluate the persons cognitive and emotional state as well as behaviors.

Directions: Identify the following key terms associated with caring for patients with mental illness and substance use disorders in general practice settings with the descriptions or definitions listed below.

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| a. diagnostic overshadowing | e. social distancing |
| b. patient-centered care | f. stigmatization |
| c. screening | g. suicide prevention |
| d. SBIRT | h. trauma-informed care |
- B 1. A concept that requires nurses and other healthcare professionals to listen to and empower the patient
in decision making around his or her care and establish a collaborative partnership
- F 2. An attitude of devaluing a person because of a particular characteristic or illness
- D 3. An evidence-based approach referring to screening, brief intervention, and referral to treatment
- A 4. A phenomenon in which a person's physical symptoms are attributed to his or her mental illness
- G 5. Methods of assessment for suicide risk and for differentiating between
suicide ideation and attempts
- H 6. Care that assesses for and demonstrates sensitivity to the impact of trauma history on
current behavior and relationships in every aspect of nursing intervention

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C 7. The identification of clinically significant symptoms that require further assessment
and intervention

E 8. An aspect of stigma that refers to the tendency of healthcare workers and others to avoid people
with mental illness or addiction