

**Margaret H. Rollins School of Nursing
N201 Nursing Care of Special Populations
MENTAL HEALTH NURSING**

Class Preparation

Directions: Answer the following questions:

1. What is your perception of an individual with a mental illness?
My perception is that people with mental illness has an illness that no one can see on the outside and sometimes when you look at someone who may have a mental illness, you cannot always tell (depression, anxiety, suicidal ideations, etc). I think people with mental illnesses struggle in silence.
2. What would you say to a depressed client who was admitted to a psychiatric facility after attempting suicide?
“Tell me about what brought you here today” or “tell me about what you are feeling right now”.
3. What is a Mental Status Examination?
An exam that uses questions and task that help to determine mental status/state during the examination.

Directions: Identify the following key terms associated with caring for patients with mental illness and substance use disorders in general practice settings with the descriptions or definitions listed below.

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| a. diagnostic overshadowing | e. social distancing |
| b. patient-centered care | f. stigmatization |
| c. screening | g. suicide prevention |
| d. SBIRT | h. trauma-informed care |
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- B** 1. A concept that requires nurses and other healthcare professionals to listen to and empower the patient in decision making around his or her care and establish a collaborative partnership
- F** 2. An attitude of devaluing a person because of a particular characteristic or illness
- D** 3. An evidence-based approach referring to screening, brief intervention, and referral to treatment
- A** 4. A phenomenon in which a person’s physical symptoms are attributed to his or her mental illness
- G** 5. Methods of assessment for suicide risk and for differentiating between
suicide ideation and attempts
- H** 6. Care that assesses for and demonstrates sensitivity to the impact of trauma history on
current behavior and relationships in every aspect of nursing intervention
- C** 7. The identification of clinically significant symptoms that require further assessment
and intervention
- E** 8. An aspect of stigma that refers to the tendency of healthcare workers and others to avoid people
with mental illness or addiction