

**Margaret H. Rollins School of Nursing  
N201 Nursing Care of Special Populations  
MENTAL HEALTH NURSING**

**Class Preparation**

**Directions: Answer the following questions:**

1. What is your perception of an individual with a mental illness? **My perception of mental illness is, it's sad especially with how many people suffer from it. I wish there were a cure for it.**
2. What would you say to a depressed client who was admitted to a psychiatric facility after attempting suicide? **Firstly, I would listen to them and encourage that client to talk about how they're feeling and try and figure out ways to help them feel/get better. I would let them know they are not alone and try encouraging that client to stay and get all the help they can.**
3. What is a Mental Status Examination? **It provides personal information, along with how the patient looks (appearance), what behavior they are having, their speech, mood and disorders in the form of thoughts, it also details their cognitive ability, and if they are having suicidal thoughts or have hx of self-harm or harm to others**

**Directions:** Identify the following key terms associated with caring for patients with mental illness and substance use disorders in general practice settings with the descriptions or definitions listed below.

- |                             |                         |
|-----------------------------|-------------------------|
| a. diagnostic overshadowing | e. social distancing    |
| b. patient-centered care    | f. stigmatization       |
| c. screening                | g. suicide prevention   |
| d. SBIRT                    | h. trauma-informed care |

  B   1. A concept that requires nurses and other healthcare professionals to listen to and empower the patient in decision making around his or her care and establish a collaborative partnership

  F   2. An attitude of devaluing a person because of a particular characteristic or illness

  D   3. An evidence-based approach referring to screening, brief intervention, and referral to treatment

  A   4. A phenomenon in which a person's physical symptoms are attributed to his or her mental illness

  G   5. Methods of assessment for suicide risk and for differentiating between suicide ideation and attempts

  H   6. Care that assesses for and demonstrates sensitivity to the impact of trauma history on current behavior and relationships in every aspect of nursing intervention

\_\_\_C\_\_\_ 7. The identification of clinically significant symptoms that require further assessment and intervention

\_\_\_E\_\_\_ 8. An aspect of stigma that refers to the tendency of healthcare workers and others to avoid people with mental illness or addiction