

**Margaret H. Rollins School of Nursing  
N201 Nursing Care of Special Populations  
MENTAL HEALTH NURSING**

**Class Preparation**

**Directions: Answer the following questions:**

1. What is your perception of an individual with a mental illness?  
They are normal people dealing with something they may not be able to control. It is important to me to use respectful language when helping these people.

2. What would you say to a depressed client who was admitted to a psychiatric facility after attempting suicide?

“Can you tell me more about the feelings you are having if you wish to share?”

3. What is a Mental Status Examination?

**It is a structured assessment of the overall behavioral and cognitive function of a patient.**

**Directions:** Identify the following key terms associated with caring for patients with mental illness and substance use disorders in general practice settings with the descriptions or definitions listed below.

a. diagnostic overshadowing

e. social distancing

b. patient-centered care

f. stigmatization

c. screening

g. suicide prevention

d. SBIRT

h. trauma-informed care

\_\_\_b\_\_\_ 1. A concept that requires nurses and other healthcare professionals to listen to and empower the patient in decision making around his or her care and establish a collaborative partnership

\_\_\_f\_\_\_ 2. An attitude of devaluing a person because of a particular characteristic or illness

\_\_\_d\_\_\_ 3. An evidence-based approach referring to screening, brief intervention, and referral to treatment

\_\_\_a\_\_\_ 4. A phenomenon in which a person’s physical symptoms are attributed to his or her mental illness

\_\_\_c\_\_\_ 5. Methods of assessment for suicide risk and for differentiating between suicide ideation and attempts

\_\_\_h\_\_\_ 6. Care that assesses for and demonstrates sensitivity to the impact of trauma history on current behavior and relationships in every aspect of nursing intervention

\_\_\_g\_\_\_ 7. The identification of clinically significant symptoms that require further assessment and intervention

\_\_\_e\_\_\_ 8. An aspect of stigma that refers to the tendency of healthcare workers and others to avoid people

with mental illness or addiction