

**Margaret H. Rollins School of Nursing
N201 Nursing Care of Special Populations
MENTAL HEALTH NURSING**

Class Preparation

Directions: Answer the following questions:

1. What is your perception of an individual with a mental illness?
My perception of an individual with mental illness is somewhat equal to someone with a physical illness. I understand that the mental and emotional toll of this type of illness can be just as, if not much more, painful and burdensome than a physical illness. Although there are a very wide variety of mental health disorders, they alter the way people think and behave, and it can often be overlooked by society.

2. What would you say to a depressed client who was admitted to a psychiatric facility after attempting suicide?
In addition to just being present as a nurse with my client, I wouldn't want them to feel rushed into talking about how their feeling or about what exactly happened, so I might first start by say something along the lines of "I will be here to listen whenever you feel ready to talk."

3. What is a Mental Status Examination?
A Mental Status Examination is used to determine a client's behavioral, cognitive, and emotional status at a certain time, very commonly used in psychiatry.

Directions: Identify the following key terms associated with caring for patients with mental illness and substance use disorders in general practice settings with the descriptions or definitions listed below.

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| a. diagnostic overshadowing | e. social distancing |
| b. patient-centered care | f. stigmatization |
| c. screening | g. suicide prevention |
| d. SBIRT | h. trauma-informed care |

__B__ 1. A concept that requires nurses and other healthcare professionals to listen to and empower the patient in decision making around his or her care and establish a collaborative partnership

__F__ 2. An attitude of devaluing a person because of a particular characteristic or illness

__D__ 3. An evidence-based approach referring to screening, brief intervention, and referral to treatment

__A__ 4. A phenomenon in which a person's physical symptoms are attributed to his or her mental illness

__G__ 5. Methods of assessment for suicide risk and for differentiating between
suicide ideation and attempts

__H__ 6. Care that assesses for and demonstrates sensitivity to the impact of trauma history on

current behavior and relationships in every aspect of nursing intervention

C 7. The identification of clinically significant symptoms that require further assessment and intervention

E 8. An aspect of stigma that refers to the tendency of healthcare workers and others to avoid people with mental illness or addiction