

**Margaret H. Rollins School of Nursing  
N201 Nursing Care of Special Populations  
MENTAL HEALTH NURSING**

**Class Preparation**

**Directions: Answer the following questions:**

1. What is your perception of an individual with a mental illness?  
My perception is someone with mental illness is almost the same as a person with a physical illness, and our job is to keep them safe and help them be as healthy and successful as we can.
2. What would you say to a depressed client who was admitted to a psychiatric facility after attempting suicide?  
If they needed or wanted it, I am available to talk or get whatever resources they feel they need. Asking about their emotions they're feeling, if they feel safe or feel like they want to harm themselves further.
3. What is a Mental Status Examination?  
A mental status exam includes personal information, appearance, behavior, speech, mood, cognition, SI/HI, disorders of thought, and perceptual disturbances.

**Directions:** Identify the following key terms associated with caring for patients with mental illness and substance use disorders in general practice settings with the descriptions or definitions listed below.

- |                             |                         |
|-----------------------------|-------------------------|
| a. diagnostic overshadowing | e. social distancing    |
| b. patient-centered care    | f. stigmatization       |
| c. screening                | g. suicide prevention   |
| d. SBIRT                    | h. trauma-informed care |
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- B 1. A concept that requires nurses and other healthcare professionals to listen to and empower the patient in decision making around his or her care and establish a collaborative partnership
- F 2. An attitude of devaluing a person because of a particular characteristic or illness
- D 3. An evidence-based approach referring to screening, brief intervention, and referral to treatment
- A 4. A phenomenon in which a person's physical symptoms are attributed to his or her mental illness
- G 5. Methods of assessment for suicide risk and for differentiating between suicide ideation and attempts
- H 6. Care that assesses for and demonstrates sensitivity to the impact of trauma history on current behavior and relationships in every aspect of nursing intervention
- C 7. The identification of clinically significant symptoms that require further assessment and intervention
- E 8. An aspect of stigma that refers to the tendency of healthcare workers and others to avoid people

with mental illness or addiction