

Margaret H. Rollins School of Nursing
N201 Nursing Care of Special Populations
MENTAL HEALTH NURSING

Class Preparation

Directions: Answer the following questions:

1. What is your perception of an individual with a mental illness?
Many people may see an individual with a mental illness as someone dangerous or scary, but we shouldn't be judging them before we actually know what they have been through or what they are dealing with. For me someone who is dealing with a mental illness should never be left alone, they should always have someone giving them support.
2. What would you say to a depressed client who was admitted to a psychiatric facility after attempting suicide?
I would make sure the patient knows that throughout this whole process they are not alone and will never be left alone and that they will overcome what they are dealing with.
3. What is a Mental Status Examination?
It's an examination of the patient behavior and appearance as well as evaluating different mental functions.

Directions: Identify the following key terms associated with caring for patients with mental illness and substance use disorders in general practice settings with the descriptions or definitions listed below.

a. diagnostic overshadowing

e. social distancing

b. patient-centered care

f. stigmatization

c. screening

g. suicide prevention

d. SBIRT

h. trauma-informed care

___b___ 1. A concept that requires nurses and other healthcare professionals to listen to and empower the patient in decision making around his or her care and establish a collaborative partnership

___f___ 2. An attitude of devaluing a person because of a particular characteristic or illness

___d___ 3. An evidence-based approach referring to screening, brief intervention, and referral to treatment

___a___ 4. A phenomenon in which a person's physical symptoms are attributed to his or her mental illness

___g___ 5. Methods of assessment for suicide risk and for differentiating between suicide ideation and attempts

___h___ 6. Care that assesses for and demonstrates sensitivity to the impact of trauma history on current behavior and relationships in every aspect of nursing intervention

___c___ 7. The identification of clinically significant symptoms that require further assessment

and intervention

___e___ 8. An aspect of stigma that refers to the tendency of healthcare workers and others to avoid people with mental illness or addiction