

**Margaret H. Rollins School of Nursing
N201 Nursing Care of Special Populations
MENTAL HEALTH NURSING**

Class Preparation

Directions: Answer the following questions:

1. What is your perception of an individual with a mental illness?
My perception of an individual with a mental illness is that they are humans like everyone else, they just have things going on in their mind that they may not be able to handle without medication or help from medical staff. They deserve to be treated fairly and not judged.
2. What would you say to a depressed client who was admitted to a psychiatric facility after attempting suicide?
I would let this client know that everything was going to be ok and that they did the right thing by staying at the facility and allowing us to treat them. I would let them know that they will be supported, and we are all here to help.
3. What is a Mental Status Examination?
A mental health examination is an examination that includes personal info, appearance of a person, behavior of the person, speech, mood, any disorders in the form of thought, perceptual disturbances such as hallucinations, cognition and ideas of harming ones self or others.

Directions: Identify the following key terms associated with caring for patients with mental illness and substance use disorders in general practice settings with the descriptions or definitions listed below.

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| a. diagnostic overshadowing | e. social distancing |
| b. patient-centered care | f. stigmatization |
| c. screening | g. suicide prevention |
| d. SBIRT | h. trauma-informed care |

___B___ 1. A concept that requires nurses and other healthcare professionals to listen to and empower the patient in decision making around his or her care and establish a collaborative partnership

___F___ 2. An attitude of devaluing a person because of a particular characteristic or illness

___D___ 3. An evidence-based approach referring to screening, brief intervention, and referral to treatment

___A___ 4. A phenomenon in which a person's physical symptoms are attributed to his or her mental illness

___G___ 5. Methods of assessment for suicide risk and for differentiating between suicide ideation and attempts

___H___ 6. Care that assesses for and demonstrates sensitivity to the impact of trauma history on

current behavior and relationships in every aspect of nursing intervention

___C___ 7. The identification of clinically significant symptoms that require further assessment and intervention

_E_____ 8. An aspect of stigma that refers to the tendency of healthcare workers and others to avoid people with mental illness or addiction