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Class Prep – Fetal Monitoring

Using your textbook (pp. 355-373, 383-385) and the provided PowerPoint, answer the following questions.

1. What are common causes of fetal tachycardia?
Maternal conditions, such as Graves' disease or infection, or secondary to drug use
2. What causes late decelerations?
Starts after the acme of a contraction, uteroplacental insufficiency
3. What causes variable decelerations?
Happens regardless of contractions, cord compression
4. What is the cause of early decelerations?
Mirrors contractions, head compression
5. What are accelerations a response to?
A good sign of fetal well-being.
6. What is the normal range for the fetal heart rate?
110-160 BPM
7. What category tracing (I, II, or III) clearly indicates a fetus in distress?
Category III
8. What equipment is used to evaluate contractions with external monitoring?
Tocotransducer
9. What fetal heart pattern is the most concerning?
Absent Variability
10. What is the most important indicator of fetal status?
Variability